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Let's Dance

THE MAGAZINE OF INTERNATIONAL FOLK DANCING



Official Publication of the Folk Dance Federation of California, Inc.

EDITOR.....Jeanne Bertolina
CO-EDITOR AND
BUSINESS MGR....Genevieve Pereira

FEBRUARY CONTRIBUTORS:

Audrey LePell	Jean Williams
Elsa Bacher	Vi Dexheimer
Page Masson	Ed Kremers
Eleanor Bacon	Vera Musser
Barbara Bockholt	Leona Faoro
Virginia Wilder	Bruce Wyckoff
Elizabeth A Hanley	Max Horn
Leonore Lee Fifer	M. Heeley
Suzanne Rocca-Butler	

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VICE PRESIDENT.....Lupie Barton
TREASURER.....Page Masson
RECORDING SECRETARY.....Mary Sward
PUBLICATIONS.....Grace Nicholes
MEMBERSHIP.....Melvin Mann
PUB. RELATIONS.....Michael Norris
HISTORIAN.....Frances Ajoian

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HISTORIAN.....Cheryl Cates

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Oak Tree from the
FESTIVAL OF THE OAKS

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Genevieve Pereira
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PRESIDENT'S MESSAGE

February is sometimes a dull month, but not this year. There are three festivals planned for February 1990. The first is the Sweetheart Festival on the 4th in Napa. The second is the Federation Beginners Festival on the 11th in Sacramento. The third is the Festival of the Oaks on the 25th in Oakland. It will be a very busy month for folk dancers, with something for everyone.

The Treasurer's Ball was a huge success! There were plenty of door and raffle prizes. Thanks to everyone who provided them. Our Treasurer, Page Masson, should be congratulated on a job well done. The Sweetheart Festival, which this year will honor June Schaal, is always a great festival, so plan to attend.

The Beginners Festival Committee has great plans for a big crowd of dancers. There will be a FREE Beginners Workshop from 6:30-7:30 P.M., followed by general dancing until 10:30 at the Clunie Clubhouse on Alhambra Street in Sacramento. This will be the first Federation Beginners Festival held in Sacramento for as long as I can remember. Since this festival will be held on a Sunday evening followed by a Monday holiday, many more people can plan to attend.

Last but not least is the Festival of the Oaks. This is always a wonderful festival that most dancers will not miss it if they can help it.

HAPPY DANCING
Leona Faoro, President

WELCOME TO THE
FESTIVAL OF THE OAKS

WES TAKARA

Jim Gold International

FOR PEOPLE WHO LIKE PEOPLE
TRAVELS TO TREASURE

FOLKTOURS 1990

Historic! Folkloric! Cultural! Fun! Everyone Welcome!
Meals, parties, discussions, workshops, meetings with villagers, musicians, and artists. Historic sights, excellent guides, great accommodations, fun times with good folks.

• AMERICAN SOUTHWEST •

Albuquerque Santa Fe Taos
August 5 - 12

• CZECHOSLOVAKIA & HUNGARY •

Prague Straznice Bratislava Budapest
May 11 - 25 August 3 - 17

• EGYPT •

Cairo Luxor Aswan Nile Cruise
February 23 - March 4 June 29 - July 8

• GREECE & TURKEY •

Istanbul Athens & Greek Isle Cruise including
Crete, Rhodes, Santorini, Ephesus, Mykonos and more
May 4 - 17 July 13 - 26

• IRELAND •

Dublin Galway Tipperary Cork Limerick Killarney
May 11 - 23 July 27 - August 8

• ISRAEL •

Jerusalem Haifa Tel Aviv Galilee Bethlehem
March 5 - 15 July 9 - 19

• SOVIET UNION •

Moscow Leningrad Tallin Riga Vilnius
June 25 - July 10

FOLK DANCE PLUS WEEKENDS

(various resort hotels in the Catskill region)

Entertainment, folk dancing, workshops, chamber music, golf, tennis, swimming, bridge, special guest teachers

Winter Weekend

Washington's Birthday Weekend...Spring Weekend

Special International Weekend in April.

June Weekend




For Brochure & Information


JIM GOLD INTERNATIONAL

497 Cumberland Ave., Teaneck, NJ 07666 201-836-0362

FESTIVAL of the OAKS



McCHESNEY JR. HIGH SCHOOL
(Now known as E.M. Brewer School)
3748 13th AVENUE
OAKLAND, CALIFORNIA
SUNDAY, FEBRUARY 25, 1:30-5 P.M.



Welcome to Oakland and the Festival of the Oaks. Our program this year, created by Lucia Edwards, will keep the couples dances going while also meeting the needs of the single dancer, the newer dancer, and the younger dancer all at one time! We hope you all enjoy the program, and we look forward to doing it again next year. Remember our Council Presidents/Nominating Committee Meeting at 10:30 and the Assembly Meeting at 11:45. Happy Dancing!

Max Horn

DANCE PROGRAM

1. Karamfil
2. Corrido
3. Elizabeth Quadrille
4. Doudlebska Polka
5. Japanese Soft Shoe
6. Belasičko
7. Alexandrovskaja

BIG CIRCLE DANCE

8. Ivanice
9. Tehuantepec
10. Dundee Whaler
11. Niguno Shel Yossi
12. Folsom Prison Blues
13. Raca
14. El Gaucho Tango

SQUARE

15. Vrapcheto
16. Livavteenee
17. Let's Have a Ceilidh
18. Allemansmarj
19. Maple Leaf Rag
20. Vlaško
21. Hambo

CONTRA

22. Setnja
23. Brandiswaltzer
24. Changier Quadrille
25. Western Trio Mixer

26. Vrtielka Czardas
27. Bela Franca
28. La Encantada
29. Hora Fetelor
30. Stabberinglender
31. Prince William
32. Kohanochka
33. Miss Frenchy Brown
34. Keshenavo
35. Lights of Vienna

SQUARE

36. Čerěsnický
37. Širto
38. J.B. Milne
39. Little Man in a Fix
40. Kőrczárdás
41. Lea Musat Armina
42. Tango Mannita

CONTRA

43. Never on Sunday
44. Santa Rita
45. Italian Quadrille
46. Ve David
47. Lepa Anka Kolo Vodi
48. Bavno Oro
49. Margaret's Waltz

GRAND SQUARE

50. A Goodnight Waltz

FOLK·DANCE·NEWS

THE RUSSIAN CENTER OF SAN FRANCISCO -founded in 1939 to preserve Russian culture and language, will present a Russian Festival on February 9-11, at the Russian Center, 2450 Sutter Street (near Divisadero). Hours will be Friday, 5-10 P.M.; Saturday, 11 A.M.-10 P.M.; and Sunday 11 A.M.-7 P.M. General admission at the door: Adults, \$5; Seniors and Students, \$3; and Children under 12, Free. The festival will feature continuous entertainment, vodka tasting, traditional food, children's games, and a Museum of Russian Culture. For more information, call 415-566-0519.

THE LAGUNA BEACH FOLK DANCERS - will hold their 20th Annual Folk Dance Festival on February 9-11, at the North Gymnasium of Laguna Beach High School, Park Avenue and St. Anne's Drive. Teachers will be Yves Moreau and Dennis Boxell. All-events passport, \$30. For more information, call 714-894-8842 or 714-494-3302.

LEGACY - the International Assembly of "Trustees" of the Square Dance Activity, has created a committee to have the square dance named as official folk dance of each state. Currently, ten states have recognized the square dance as their state folk dance. Only when the majority of states similarly recognize square dancing can a new bill be introduced into the US Congress to adopt the square dance as America's Folk Dance. Legacy encourages dancers everywhere to get behind their effort to promote the recognition of square dancing first in their own state, and then in the whole country. Every dancer's help and dedication is needed for the campaign. For more information on Legacy, contact Al and Vera Schreiner at 1100 Revere Drive, Oconomowoc, WI 53066.

MESSAGE FROM THE TREASURER - It really does make "cents" when we all work together. This was shown by the great success of the Treasurer's Ball. All the clubs participated by either selling and buying raffle tickets or by sending in donations. So many door prizes were donated that almost everyone won something. The quality of donated prizes this year was so high that we were able to use many more of them in our raffle.

Frank Bacher planned such a nice danceable program that it kept everyone very busy for the afternoon. Many others worked busily "behind the scenes" to make this event a success. The cookie bakers and sellers, the emcees, the callers, the door monitors, and many others helped in so many ways. Oscar and Leona Faoro spent most of their time preparing and numbering prizes for the drawings. Genevieve brought lots of costumes to sell - I hope you were able to take advantage of her reasonable prices.

To all the clubs, all the prize donators, all the helpers, and all the dancers, a most sincere THANK YOU! We made over \$1200 net because of this great team effort. CONGRATULATIONS from your Treasurer!

Page Masson

MEL AND PAULA MANN - for the past seven years have organized and escorted successful folk dance cruises in Hawaii, Tahiti, Panama, Alaska, and on the Mississippi and St. Lawrence Rivers. The camaraderie between dancers from all over the US and Canada makes these trips truly memorable. In addition to all the interesting activities on board ship, there are daily folk dance lessons and

CLASSIFIED ADS

FOLKDANCER'S DIRECTORY - New listing, 180 groups in Greater San Francisco Bay Area. Also, Cross-Index Locator by Day/Nation/Teacher. Only \$4 ppd. People's Dance Line, 3498 South Court, Palo Alto, CA 94306.

FOR SALE: CALIFONE SOUND SYSTEMS - Phil Maron, 4820-A Lawton Avenue, Oakland, CA 94609, 415-654-1124. Folk dance records

COME DANCE - with Millie von Konsky. Sgles, cpls welcome. Day classes in Folk, Line, Square, Round. Mon., 1 P.M., 300 Estudillo, San Leandro. Tues., 1:30 P.M., 22325 N. 3rd, Hayward.

JOSETTA DANCERS - Josetta Dance Studio, 3280 El Camino, Santa Clara. Folk Dancing, Wed, 7:30 P.M.; Latin/Ballroom/Disco Mon. and Fri, 7:30 P.M.; Studio Party, Tues, 8:30 P.M. Josetta.

WESTWOOD CO-OP FOLK DANCERS - meet Thursday nights, 8:00 to 10:45 P.M., Emerson Jr. High School, Selby near Santa Monica Blvd. W.L.A.

FOLK DANCE RECORD SHOP

ED KREMERS' FOLK SHOWPLACE - Dance, school, and foreign records. Dance books and supplies. Public address systems and cassettes of "unavailable" music. Teacher, Caller, Party Leader. 155 Turk Street, San Francisco, CA 94102, Downstairs, Afternoons, 415-775-3444.

Associate Membership Application ()
Let's Dance Subscription ()

Name: _____ Date: _____

Address: _____

_____ Zip: _____

Telephone: () _____

Associate Membership Dues.....\$20
(Let's Dance-\$15 + \$5 Dues = \$20)

Let's Dance only.....\$15
(Add \$5 postage foreign)

Folk Dance Federation of California, Inc.
1020 "B" Street, Suite 2
Hayward, CA 94541
415-581-6000

Peninsula Folk Dance Classes and Parties

MONDAY

WEST VALLEY COLLEGE FOLK DANCERS
Beg/Int. Intrn'l 6-8 Beg 8-10 Int
West Valley College Small Gym SPE-8
14000 Fruitvale Ave. Saratoga
Ned and Marian Gault 408-395-8026

FOLK DANCE WITH MARCEL VINOKUR
Beg/int Intrn'l 7:30 - 10 pm
Foothill College Auxiliary Gym G-2
Los Altos Hills
Marcel Vinokur 415-327-0759

LOUI TUCKER
Int/Adv Israeli 8-9 tch 9-11pm req
Northwest YMCA
20803 Alves St. Cupertino
Loui Tucker 408-287-9999

MID PENINSULA SCANDINAVIAN DANCERS
Beg/Int Scandinavian Cpl 8:15-10:30pm
Mid Peninsula YWCA
4161 Alma St. Palo Alto
Mary Ellen 415-969-6243

STAN ISAACS' VINTAGE DANCE
Beg - Singles welcome 8-10pm
Palo Alto Masonic Temple
461 Alma St. Palo Alto
Stan Isaacs 415-858-2568

BURLINGAME FOLK DANCERS
Beg Intrn'l 8:15-9:45pm
Burlingame Recreation Center
850 Burlingame Ave. Blgme.
Mary and Bruce Wyckoff 415-368-7834

TUESDAY

SANTA CLARA VALLEY FOLK DANCERS
Beg/Int Intrn'l 7:30-9:30pm
Prince of Peace Church
12770 Saratoga Ave. Saratoga
Christa Werling 408-378-7472

MENLO PARK FOLK DANCERS
Beg/Int Intrn'l 7-10 pm
Menlo Park Recreation Center
700 Alma at Mielke, Menlo Park
Marcel Vinokur 415-327-0753

PALO ALTO FOLK DANCERS
Beg/Int Intrn'l 7:30 - 9:30
Lucy Stern Community Center
1305 Middlefield Rd. Palo Alto

SENIOR CITIZEN'S OPPORTUNITIES
Beg Intrn'l 10-11:30 am
SCO Center
222 Market St. Santa Cruz
Bev and Ginny Wilder 408-336-8019

PALOMANIANS
Int/Adv Intrn'l 8-10:15pm
Menlo Park Recreation Center
700 Alma at Mielke, Menlo Park
Lillian Cohen 415-593-0517

WEDNESDAY

DOCEY DOE FOLK DANCERS
Int Intrn'l 8-10pm
United Community Church
Elm at Arroyo Sts. San Carlos
Bruce Wyckoff 415-368-7834

SUZANNE ROCCA-BUTLER
All levels Greek-Turkish-Balkan 8-10pm
Oak Creek Apts - Willow Room
Oak Creek Drive (off Sandhill) Palo Alto
Suzanne Rocca-Butler 415-854-3184

ENGLISH COUNTRY DANCERS
1st and 3rd Weds only - Live Music!
All levels - drop ins welcome
First Christian Church
80 S. 5th St. San Jose
Kay Thorne 408-297-7774

THURSDAY

SANTA CLARA VALLEY FOLK DANCERS
Int/Adv Intrn'l 7:30-9:30pm
First Christian Church
80 S. 5th St. San Jose
Eleanor Bacon 408-379-3545

REDWOOD CITY FOLK DANCERS
Beg/Int Intrn'l 7:30-10pm
Veterans Memorial Senior Center
1455 Madison Ave. Redwood City
Bruce Wyckoff 415-368-7834

MOSTLY BALKAN
Int/Adv Balkan 7:30-9:30pm
St. Bede's Church - Wyatt Room
2650 Sand Hill Rd. Menlo Park
Bob Ritz 408-247-2420

SARATOGA INTERNATIONAL FOLK DANCERS
Beg/Int Intrn'l 7:45-10:pm tch & req
Saratoga Community Center
19655 Allendale near Fruitvale, Saratoga
Loui Tucker 408-287-9999

MID COUNTY SENIORS
Beg Intrn'l 10:15 - 11:45a.m.
Capitola Senior Center
829 Bay Ave. Capitola
Bev and Ginny Wilder 408-336-8019

METROPOLITAN ADULT EDUCATION
Beg Intrn'l 7:30 - 9:30pm
Leigh High School Cafeteria
5210 Leigh Ave. Campbell
Bobi Ashley 408-353-8620

SIERRA SINGLES FOLK DANCERS
Beg/Adv Intrn'l 7:30-10pm
Oct.-May Fairmeadow School
500 East Meadow, Palo Alto
June- Sept. Mitchell Park Bowl
Dan Conway 415-321-5034

FRIDAY

SAN JOSE STATE FOLK DANCERS
Beg/Int Kolo 8-9 tch, 9-11pm req
SJSU Women's Gym
7th at San Carlos, San Jose
Mildred Bowman 408-293-1302

CABRILLO FOLK DANCERS
Beg/Int Intrn'l 7-11pm
Cabrillo College Gym, Aptos
Al Daoud 408-373-6441

CABRILLO ENGLISH COUNTRY DANCERS
Beg/Int English 2nd. Friday 8-11pm
Cabrillo College Gym, Aptos
Bev and Ginny Wilder 408-336-8019

STANFORD FOLK DANCERS
Beg/Int Intrn'l 8-9 tch, 9-11:30 req
Roble Gym, Stanford Campus
Karen Hajek 415-723-2275

MARK TISHLER
Beg/Int Israeli 8:30-12pm
Recreation Room
425 Hamilton at Waverly, Palo Alto
Mark Tischler 408-249-4912

SUNDAY

DEBBIE WENOKUR
All levels Israeli 7:15-12pm
Masonic Temple (Refreshments 7pm)
890 Church St. Mtn. View
Debbie Wenokur 415-964-4277

PARTIES (usually 8 - 11:30pm)

1st. Saturday (odd months + Aug.)
LITTLE NITE MUSIC
Beg/Adv Intrn'l
(Please call a teacher for location)

1st Saturday (even months exc. Aug.)
PALOMANIANS
Redwood City Women's Club
Clinton St. Redwood City

2nd Saturday
SANTA CLARA VALLEY FOLK DANCERS
First Christian Church
80 S. 5th St. San Jose

3rd Saturday
PALO ALTO FOLK DANCERS
Lucy Stern Community Center
1305 Middlefield Road, Palo Alto

4th Saturday
DOCEY DOE FOLK DANCERS
United Community Church
Elm at Arroyo Sts. San Carlos

5th Saturday
PARTIES HOSTED BY VARIOUS CLUBS
(Please call a teacher for location)

THE ROLE OF DANCE IN THE MODERN OLYMPIC GAMES 1896 - 1954

Part III by Elizabeth A. Hanley

The city of Montreal, in 1976, incorporated dance in nearly every aspect of the Olympic Games. During the transfer of the Olympic flag in the opening ceremonies, " . . . provided the accompaniment to a specially choreographed Munich-Montreal ballet based on a Bavarian folk-tune [and] . . . a Montreal troupe performed a dance based on traditional St. Lawrence Valley folk airs, accompanied by musicians and singers." (44) The ceremony continued and nearly 1,200 Canadian boys and girls performed a series of seven separate and concurrent dances in a gymnastic ballet with hoops and ribbons. Closing ceremonies included a candelit dance to the sound of traditional Indian chants, (45) a most fitting theme of the Montreal Olympiad.

Throughout the Montreal Olympic Games, an arts and culture program was integrated into the daily lives of the athletes at the Olympic Village, the young men and women attending the Olympic Youth Camp, and the Olympic visitors attending the Games. The performing arts section included ballet, contemporary and folk dancing, as well as numerous other art forms. (46) During the 1976 Winter Olympic Games in Innsbruck, a touch of Tyrolean folklore was evident in the performance of a "hoop dance" which concluded the opening ceremonies. (47)

The 1980 Olympic Games in Moscow were the site of unparalleled festivities with regard to the inclusion of dance in the program. The ceremonial ritual for opening ceremonies has always been prescribed by the IOC, and remains

unchanged today. Each city, however lends a specific coloring and unique charm to its opening and closing ceremonies. This was undoubtedly true in Moscow, for after the teams left the stadium at the official close of the opening ceremony, more than 16,000 athletes, as well as amateur and professional dance ensembles, participated in colorful sport and dance performances. A dance suite, in which the fifteen union republics demonstrated their art, costumes, and culture, was a spectacle long to be remembered by those present. (48)

The arts program provided a synthesis of sport, art, and entertainment for both competitors and visitors. Dance, from ethnic to the classical ballet, was a focal point, together with a myriad of other art forms throughout the duration of the Games. (49) But perhaps the most memorable display occurred when:

. . . the colorful closing festival of the Games began. Girl-gymnasts performed a dance with hoops in their hands. Best Soviet acrobats--champions of the world, Europe and the USSR--demonstrated their skill in the centre of the composition. One slight change in the formation and a gigantic flower bloomed in the field.

Immense Matryoshka dolls rolled into the stadium on lorries. A Russian festival--merry, lively, and full of inventiveness--began. Young lads playing Russian accordions pranced dashing about the field, and girls in folk costumes swirled about them in a round dance. (50)

The 1980 Winter Olympic Games in Lake Placid had proved to be a special year for dance and other arts as well. Opening ceremonies included ice skaters dancing to The Merry Widow Overture, (51) and an Olympic Arts Festival was organized to include all aspects of dance

OLYMPIC GAMES (Continued)

throughout the Olympic Games, since the arts had been ignored at the two Winter Games held in the United States at Lake Placid in 1932 and at Squaw Valley in 1960. The growth in popularity of dance, and modern dance in particular, provided exciting performances. One specific group, Pilobolus, contributed, albeit unwittingly, to the ancient ideal of kalós k'agathós.

"Pilobolus, an innovative group that incorporated acrobatics into its dance routines, emphasized the link between art and athletics that was an underlying theme of the arts festival. (52)

The Olympic Village was also the scene of dance, and the athletes were treated to a preview of the 1984 Winter Games site by a performance of the George Tomov Yugoslav Folk Dance Ensemble from New York City. The Tomov Ensemble was also invited to participate in closing ceremonies. (53) As the ceremony concluded, children skated onto the ice and presented flowers to the athletes, who tossed blossoms into the cheering crowd. Folk dancers in nineteenth century costumes joined dancers in traditional Yugoslav dress in a symbolic representation of the passing of the Winter Games from America to Yugoslavia. (54)

In Sarajevo, site of the 1984 Winter Olympic Games, dance remained an integral part of the celebration. The opening ceremonies were resplendent in the colorful presentation of 1,200 folk dancers performing to Westernized renditions of typical Yugoslav folk music. At the Olympic Village athletes were treated to an evening of music, song, and dance performed by a local folk ensemble. Young and old alike comprised the troupe, and colorful costumes depicting all regions of Yugoslavia enhanced the performance of talented musicians, singers, and dancers. Throughout the duration of the

Olympic Games, the city of Sarajevo scheduled dance concerts by the leading folk ensembles in Yugoslavia. (55) When the closing ceremonies were concluded, once again dance was included as an integral part of the program. (56)

In the most recent Olympic Games, held in 1984 in the city of Los Angeles, an impressive Olympic Arts Festival, beginning in June and ending on the last day of Olympic competition, was condensed into ten weeks of intense artistic performances. The first seven showcased international companies and art for a primarily local audience. The last three weeks focused on American art for international visitors. The special inclusion of groups from the People's Republic of China was an important part of the Festival, since it was the first Chinese Olympic appearance since 1952. Two companies, whose art can be traced back over 2,000 years, performed as part of the Festival: an acrobatic troupe and a musical ensemble. Los Angeles hosted 427 performances, including 145 companies, and presented in 12 languages. There were also 24 visual exhibitions and seven mini-festivals. Since dance was recognized as complementing the physical grace of athletics, the final two weeks, the period of the Olympic Games, were devoted entirely to dance events. (57)

Opening ceremonies at Los Angeles provided over three hours of spectacular entertainment, with countless dancers woven into the heart of the festivities to display the role of dance in America. Similar performances, once again linking dance and sport in age-old tradition, were seen during closing ceremonies when dozens of break dancers put on displays of athleticism. (58)

One must realize that dance and sport have co-existed from ancient times to the present. This is

Kulska Šira

(Bulgaria)

Kulska Šira (KOOL-skah shee-RAH) was learned by Yves Moreau in 1974. This non-partner dance comes from the region around Kula, a town in N.W. Bulgaria near the border with Serbia and Romania. It is related to an earlier variation of a Šira taught by M. Moreau in 1972. The dance was presented by M. Moreau at the California Statewide Festival in Ventura, May 1989 and at the 1989 University of the Pacific Folk Dance Camp.

CASSETTE: YM-UOP-89 Side A/2

2/4 meter

FORMATION: Mixed lines, leader at R end. Belt hold, L over R; or hands joined in "V" pos. Face slightly R of ctr, wt on L ft.

STYLE: Steps are light with a bouncy quality. Posture is erect and proud.

MUSIC	2/4	PATTERN
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Measures

16 meas INTRODUCTION. No action.

I. BASIC

- 1 Moving in LOD, step R,L (cts 1,2).
- 2 Facing ctr, step on R to R (ct 1); step on L behind R (ct 2).
- 3 Step on R to R (ct 1); close L to R, no wt (ct 2).
- 4 Repeat meas 3 with opp ftwk and direction.
- 5 Repeat meas 3.
- 6 Fall heavily on L slightly to L, bending L knee and sharply extending R leg across L, knee straight (ct 1); step on R across L (ct 2).
- 7 Moving sdwd, step on L to L (ct 1); close R to L with wt (ct 2).
- 8 Repeat meas 7 but do not take wt on R on ct 2.

II. BASIC WITH STOP

- 1-2 Repeat Fig I, meas 1-2.
- 3 Still facing ctr, leap sharply onto R ft in place, simultaneously raising L knee high with L leg crossed in front of R (ct 1); hold (ct 2).

- 4 Step on L to L (ct 1); close R to L, no wt (ct 2).
- 5 Repeat meas 4 with opp ftwk and direction.
- 6-8 Repeat Fig I, meas 6-8.

III. BASIC WITH STOP AND CROSSING STEPS

- 1-3 Repeat Fig II, meas 1-3.
- 4 Still facing ctr, step on L to L (ct 1); step on R across in front of L (ct &); step on L in place (ct 2); step on R beside L (ct &).
- 5 Step on L across in front of R (ct 1); step on R in place (ct &); step on L beside R (ct 2); step on R across in front of L (ct &).
- 6 Step on L in place (ct 1); step on R beside L (ct &); step on L across in front of R (ct 2); step on R in place (ct &).

Note: Meas 4-6 consist of 12 small crossing steps done in place.

- 7-8 Bending knees, take 4 smooth sliding steps (actually 7 steps and a hold): Step on L to L (ct 1); close R to L (ct &); repeat for cts 2,&. Repeat for meas 8, but do not close or take wt on final & ct on R ft.

IV. SYNCOPATED GRAPEVINE WITH STOP AND CROSSING STEPS

- 1-2 Facing ctr and moving sdwd in LOD, light leap onto ball of R ft (ct ah); step on L in front of R (ct 1); leap onto ball of R ft (ct ah); step on L behind R (ct 2). Repeat for meas 2.
- 3-8 Repeat Fig III, meas 3-8.

DANCE SEQUENCE: Leader determines number of repetitions of each Fig, but always in sequence given above. Fig IV is optional.

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COUNCIL CLIPS Continued

reviews. After the ship's evening entertainment, there is all-request folk dancing. In ports of call where there are local groups, Mel arranges joint folk dance sessions. Two unique and exciting cruises are coming up this summer. For more information on reserving your passage, write to Mel Mann, Berkeley Travel Group Department 1301, California Street, Berkeley, CA 94703, or call 415-526-4033.



HAPPY
VALENTINE'S DAY
From Let's Dance

Kärntner Dreisteirer

(Austria)

Kärntner Dreisteirer (CARE-nt-nur DRY-sty-rur) is a dance for three, two women and one man. The dreisteirer form is found all over Austria, especially in the South, from Carinthia across into the Tirol. The figures are always similar, but the dances are local or regional. This one is from the region around the Worthersee, near the border to Slovenia. Marian and Ned Gault taught the dance at the 1989 University of the Pacific Folk Dance Camp.

CASSETTE: "Austrian Style" EIO-103 Side A/2 3/4 meter

FORMATION: Sets of 3 (1M between 2W), scattered on the floor. Each set dances in its space without respect to orientation in the room. Inside hands are joined. When free, W hands are at waist, fingers fwd. When hands are joined in a circle in Fig I they stay joined throughout the dance except as noted.

STEPS: Waltz*, Slide-close "sliding"*

Landler Step: A Waltz*, with no closing step, bounce, accent or up-down movement, is used throughout the dance unless otherwise noted.

STYLING: The M flirts with one W or the other as he is able. The other W may interfere with this flirting.

*Described in Steps & Styling, published by the Folk Dance Federation of California, Inc.

MUSIC	3/4 meter	PATTERN
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Measures

INTRODUCTION

1-2 Beg with joined hands held fwd. M swing both joined hands bkwd (meas 1), then fwd (meas 2). W dance 1 landler step in place beg inside ft, turning slightly twd M, then away from him.

3-4 M swing both hands bkwd again, turning both W once (RW CCW, LW CW) under joined hands. End in original pos.

I. R WOMAN UNDER; L WOMAN UNDER

1-4 M lead RW under arch formed by ML and LW R hands. LW dance in place as RW ducks under, goes CCW around M, then back to place, turning M CCW on the spot to untangle arms.

5-8 Repeat meas 1-4, M leading LW under other arch. At end, W join free hands to make a circle.

9-17 Turn circle CW.

II. WRAP UP BOTH WOMEN

1-2 W dance in place as M bring both joined hands into ctr of circle, then fwd over W heads, lowering hands in front of W. W will make $\frac{1}{2}$ turn (RW CW, LW CCW) to face same direction as M. W hold joined hands at waist level, arms rounded.

3-8 Rotate CW as a group on the spot.

BREAK

9 M raise hands back over W heads, returning to circle with hands held back.

10-12 W dance in place as M raise L hand and turn $\frac{1}{2}$ CW to face out. M bend slightly and back under W joined hands, straighten and pull RW through after him. LW turn once CCW under joined hands on the spot to return to a circle.

13-17 Turn circle CW.

III. YOKES

1-2 W raise their joined hands as M moves fwd to end with W hands behind M neck. M arms are straight, W bend outside elbow and put hand behind own neck to end facing opp direction to M.

3-8 Rotate CW on the spot as a group. At end, all duck out of yoke.

9-16 Repeat meas 1-8, except the RW is ctr person, putting her head under the yoke.

17-24 Repeat meas 1-8, except the LW is ctr person, putting her head under the yoke.

25-32 BREAK: Repeat BREAK as above.

IV. CLOVER

1-2 W dance in place as M raise L hand and turn $\frac{1}{2}$ CW to face out. M then bends slightly and backs under W joined hands. All lower hands and leanback slightly, arms straight.

3-8 Turn the clover CW on the spot using short, fast sliding steps (3 per measure). Keep steps as smooth as possible.

9-17 BREAK: Repeat BREAK as above.

V. TRAIN

1-2 M and LW raise L hands and turn $\frac{1}{4}$ CW, then bring own L hand fwd over own head and down to R shldr. End nearly in a column, M in front, then LW, then RW.

3-8 M lead the train CCW around a small circle.

9-17 BREAK: Repeat BREAK as above.

INTERLUDE

1-4 Release W joined hands and repeat INTRODUCTION. W rejoin hands.

VI. WRAP-UP ONE WOMAN

1-2 W dance in place as M bring MR hand in, fwd and CW over RW head to "wrap-up" pos beside him. ML arm is straight and held at shldr level; LW bend R elbow.

3-8 Rotate CCW on the spot with M as pivot. M flirt with RW. LW "cries" at being ignored, burying face in crook of R elbow.

9-17 BREAK: Repeat BREAK as above.

18-25 Repeat meas 1-8 except M wrap LW and rotate CW.

26-34 BREAK: Repeat BREAK as above.

VII. ROLL WINDOW

1-2 M use "scooping" motion to bring his hands fwd and under the W joined hands, then up, turning the W (RW CW, LW CCW) once in place. W raise their joined hands and bend at the elbows. M hands, still joined with W, rest on the W upper arms. W outside elbows are bent, upper arms held at shldr level.

3-8 W raised, joined hands and arms form a window, through which M looks at the two W, alternately, as the group rotates CW on the spot.

9-17 BREAK: Repeat BREAK as above.

VIII. ROLL DOUBLE WINDOW

1-2 M repeat the same "scooping" motion and turning the W as in Fig VII, but this time the W turn $\frac{1}{2}$ turn further to end beside M and facing the same direction. M raises his hands, elbows bent, and W joined hands rest on M upper arms to make two windows.

3-8 M looks through one window, then the other, at the two W as the group rotates CW on the spot.

9-17 BREAK: Repeat BREAK as above.

IX. STAMP, TURN WOMEN OUT

1-2 M step to ctr of circle with L ft (ct 1,2); stamp R beside L (ct 3). M jump onto both ft with a stamp (meas 2, ct 1); hold (ct 2,3). On jump M bring joined hands in, close to body, elbows bent.

3-4 W release joined hands and M turn W (RW CCW, LW CW) once in place under joined hands. W rejoin hands in circle.

5-8 Turn circle CW in place.

9-12 Repeat meas 1-4.

13-16 Turn circle CW one meas, then repeat BREAK, meas 10-12.

17-20 Repeat meas 13-16.

- 21-22 Turn circle CW two meas. On second meas, M swing hands to ctr.
- 23 W release joined hands. M turn W (RW CCW, LW CW) once in place. W end facing M.
- 24 M kneel on R knee, hands still joined with W.
- 25 Hold.

NOTE: In Austria Fig IX is danced by the young men this way: M give a light spring upward with both ft on ct 1 of meas 1 and "flip" over the W joined hands, landing with a stamp on both ft on ct 1 of meas 2. W then release the joined hands and the rest of the Fig is the same.

NOTE: In the BREAK one meas is allowed th "undo" the previous Fig but sometimes it takes longer. If that happens just follow with the rest of the BREAK and finish by circling CW with whatever music is left. When less music is provided, just use whatever is available.

Description based on notes written by Ned Gault.

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INTERNATIONAL CUISINE

Vi Dexheimer

SPAIN

Since Spain is surrounded on three sides by water, fish plays an important part in the diet of most Spaniards. Spain is a land of olive oil, garlic and tomatoes. These three ingredients flavor most of the dishes, but do not overwhelm them.

GAZPACHO

(Tge Traditional Spanish Soup)

- 8 tomatoes, peeled and chopped fine
- 1 cucumber, peeled, seeded, chopped
- 1 cup finely chopped onions
- 1 green pepper, seeded, finely chopped
- 3 teaspoons salt
- 1 teaspoon garlic juice
- 1/4 cup olive oil
- 1/4 cup lemon juice
- 1/4 teaspoon pepper
- Dash of cayenne
- 2 cups tomato juice

Combine tomatoes, cucumber, onions and green pepper, and mix well. Sprinkle with salt. Let set at room temperature for 1 hour to blend flavors. Add remaining ingredients; mix well and chill.

Serve in bowls with garlic croutons.

GARLIC CROUTONS

- 3 slices white bread
- 3 tablespoons butter or bacon fat
- 1 clove garlic, peeled

Trim crusts from bread and cut into 1/2 inch cubes. Melt butter in small frying pan. Add garlic and sauté until lightly browned. Remove garlic. Add the bread cubes; cook and stir until golden. Drain on absorbent paper. Set aside and keep warm.

GARBANZO BEAN SALAD

- 1 15-oz. can garbanzo beans, drained
- 1/4 teaspoon garlic powder
- 2 tablespoons olive oil
- 2 tablespoons tarragon vinegar
- 1/4 cup chopped celery
- 1/2 cup sliced pitted green olives
- 1/4 cup chopped pimientos
- 3 scallions, chopped
- 1/2 teaspoon salt
- Dash of pepper

Combine all ingredients and mix well.

Cover. Marinate in refrigerator for 24 hours. Serve salad in lettuce cups.

VEAL and SOUR CREAM with RICE

- 2 tablespoons olive oil
- 1-1/4 lbs. veal cubes
- 1 Spanish onion, chopped
- 1 green pepper, seeded and chopped
- 1 teaspoon garlic powder
- 1/4 teaspoon pepper
- 1 teaspoon paprika
- 1 teaspoon salt
- 3 cups beef broth, boiling
- 1 cup long-grain rice
- 2 tablespoons snipped fresh parsley
- 1 cup sour cream

Heat oil until haze forms above pan. Reduce heat and brown veal in oil. Add vegetables and seasonings; sauté until limp. Add broth. Cover and simmer for 20 minutes. Add rice and parsley; stir; bring to a boil; reduce heat. Cook until rice has absorbed all liquid, about 20 minutes. Stir in sour cream.

Reheat and serve immediately.

GALICIAN STEAMED FISH IN TOMATO SAUCE

- 2 lbs white fish fillets
- 1 small onion, peeled and quartered
- 1 bay leaf
- 2 tablespoons olive oil
- 1 minced garlic clove
- 1/2 cup chopped onion
- 6 medium tomatoes, peeled, seeded and chopped
- 1 teaspoon paprika
- Dash of cayenne
- 1 teaspoon chopped chives
- 1/3 cup white wine
- Vinegar

Place fish, onion and bay leaf on a large piece of aluminum foil. Close foil tightly. Place in steamer and steam for 25 minutes, or until fish flakes easily.

Heat oil in skillet. Add garlic and chopped onion; sauté until tender. Add tomatoes, paprika, cayenne, chives and wine. Simmer 30 minutes.

Place fish on serving platter; top with tomato sauce mixture. Serve with vinegar.

Source: Creative International Cookbook, edited by Charlotte Turgeon

PATTERNS NOW AVAILABLE
FOR A FROLICKING 90s
STATEWIDE COSTUME

by Eleanor Bacon
Costume Research Committee

Women's clothing of the 90s had a simple elegance, smooth lines, and feminine softness. The choice of elegant or everyday wear is up to you. Listed here are some very good patterns available now at your favorite fabric store.

The first step in deciding on a costume is to reread the costume articles in your December and January issues of Let's Dance; and if you can, check the fashion history books at your local library. When you have a style in mind, take a look at the following patterns. The sleeves are similar in all these patterns, so choose one that you can possibly use later for another costume or for general everyday wear.

Butterick 5770 offers a good sleeve, bodice, stand-up collar, and nice flared skirt. Burda 5259 has a different bodice that buttons in the front, a good bodice, and is a dirndle pattern. McCall 2056 is an early American style dress; but if you smooth out the front of the skirt, it looks like some of the styles worn during the 1900s.

McCall 3564 has only bodices and sleeve variations and is in the bridal section of the pattern book. Style 1493 has a bodice that is also good for a Russian Quadrille or peasant-style dress. Simplicity 9025 has the long fitted lower sleeve and the full upper sleeve, made in two sections rather than the leg-o-mutton style.

For blouse or dress patterns with good sleeves but lower necklines, fill in the neckline with lace, or fill in the area by tracing in a neckline from another high-necked pattern.

Vogue has a pattern that is made in the 1900s "walking skirt" 18

style, but it may be too full for most (almost 7 yards around the hem). However, some of the fullness can be folded out of the pattern pieces. This pattern also includes a pattern for a petticoat.

If you desire the extra-full leg-o-mutton sleeve as shown in many of the fashion illustrations of the period, Style 1679 is a bridal pattern with this beautiful sleeve.

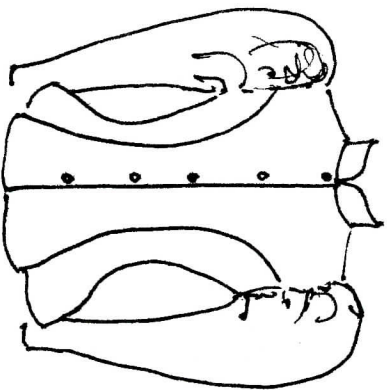
Here are two hints for buying your pattern and sewing your dress: Check for these patterns at your favorite fabric store soon. There is an index at the back of the book that shows pattern numbers and corresponding page numbers. Be sure to buy the pattern when you see it! Pattern books come out every three months, and many patterns become unavailable fast.

You may prefer to make your dress in two pieces instead of all in one piece. This makes the dress easier to iron and hang up, and it was popular at the time to do so. Skirts were attached to bodices with hooks and eyes to prevent separation.

OLYMPIC GAMES (Continued)

clearly evident in both the ancient Olympic Games and in the modern Olympic Games. Baron Pierre de Coubertin's desire for sport and art to be included in the modern Olympic Games has been finally fulfilled. The popularity of dance, and its emergence as a viable art form will ensure its presence in future Olympic Games. One need only recall that dance needs neither common race nor common language for communication; it has been a means of communication forever.

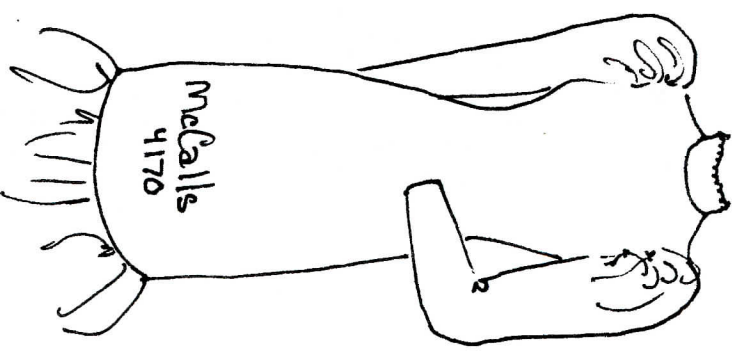
Author's Note: Since 1986 the International Olympic Committee has been actively looking into the return of arts competitions into the Olympic Games. It is true that "history repeats itself."



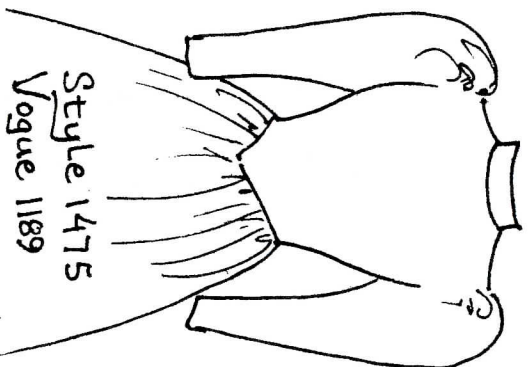
Style 1493



Style 1679



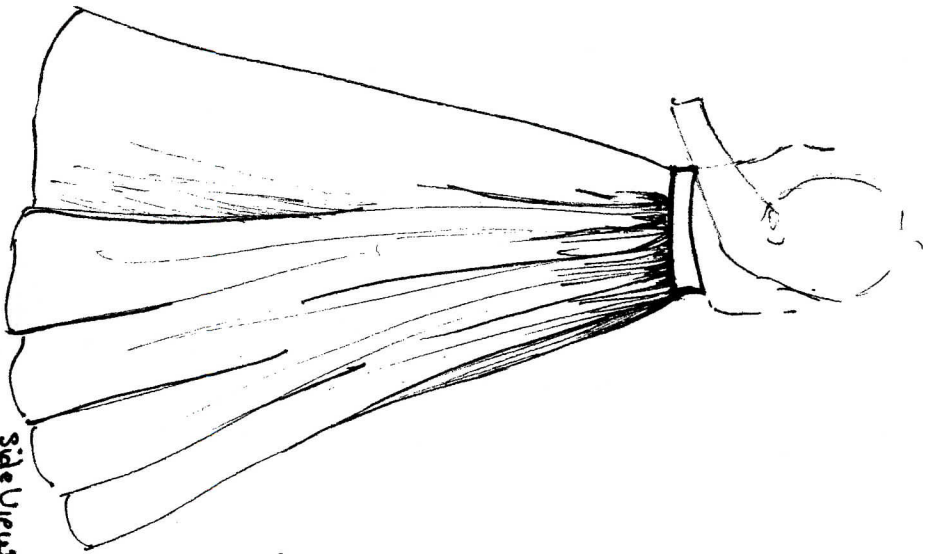
McCall's
4170



Style 1475
Vogue 1189

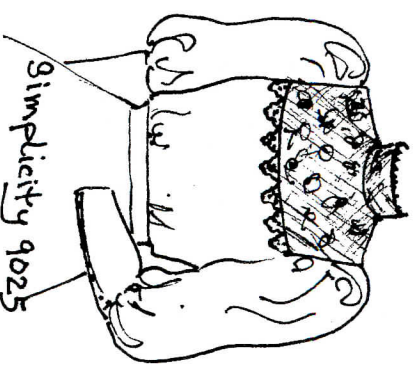
McCall's 2056 (early Am)
Burda 5259
(has center front
opening)

McCall's 3564
(Bridal - bodices and
sleeves only)
Butterick 5570
(with center front
opening)

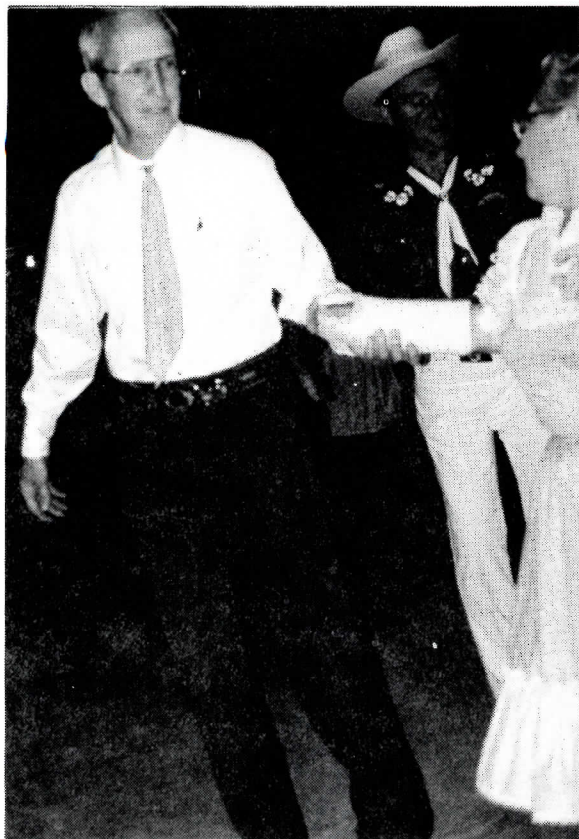


Vogue 1934

Side View



Simplicity 9025



FEATHER RIVER CAMP

AUGUST
1989





TREASURER'S BALL , SONOMA



CALENDAR of EVENTS

FOLK DANCE FEDERATION OF CALIFORNIA, INC.
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1990

- Feb. 4 Sun NAPA Sweetheart Festival (returning to Napa, but at the First Presbyterian Church, 1333 3rd st; 1:30-5:30 P.M.
- Feb. 9 Fri SAN FRANCISCO Irish Folk Dance Party; 415-863-6424.
- Feb. 9-11 F-S SAN FRANCISCO Russian Festival 2450 Sutter; 415-566-0519
- Feb. 10 Sat FRESNO Vera Jones Scholarship Dance; 209-255-1786, 209-255-4508.
- Feb. 11 Sun SACRAMENTO Beginners Festival; Clunie Clubhouse
- Feb. 25 Sun OAKLAND Festival of the Oaks; McChesney School (now known as E.M. Brewer School) 1:30-5 P.M. Federation Assembly meeting 11:45 A.M.
- Mar. 10-11 SS SACRAMENTO Camellia Festival & Institute. 916-421-8833. Folk Dance Federation meeting on Sunday.
- Mar. 18 Sun. HAYWARD Area Senior Center, 22325 No. 3rd St. Easy Does It Spring Festival. 6:00 - 9:00 P.M.
- Mar. 31 Sat. Peninsula Beginners's Party; 415-494-7758
East Bay 5th Saturday Party; 415-228-8598
Fresno's 5th Saturday Party; 209-255-1786
- Mar. 31 Sat. OAKLAND English Playford (country dance) Ball; 415-965-9169.
- Apr. 15 Sun PENINSULA Easter Camp-Out for folk dancers; Call "Planina" 415-494-1631

Events South

Feb. 9-10-11 Fri.-Sun. Festival hosted by Laguna Folkdancers, Laguna Beach High School, Council Mtg. Feb.11 at 10:30 am

April 29 Sun. Festival hosted by Westwood Co-op Folk Dancers, Culver City Veterans' Memorial Auditorium, 1:30-5:30, Council Mtg. at 11 am.

May 25-28 Fri.-Mon. Statewide at Fresno

June 29-July 6 Idyllwild Workshop, June 29-July 1 Weekend.

Oct. 6-7 Sat.-Sun. Festival hosted by Cabrillo International Folk Dancers, Balboa Park, San Diego, Sat.7:30-10 pm, Sun.1:30-5 pm, Council Mtg. 10:00 am.

COUNCIL·CLIPS

GREATER EAST BAY FOLK DANCE COUNCIL

The Concord Folk Dancers will have their party on Sunday, February 4, from 1 to 4 P.M., with refreshments at 2:30, at the Concord Senior Center, 2727 Parkside Circle, Baldwin Park, Concord. Stan Valentine will call squares, and Jean Williams will MC.

The Berkeley Senior Citizen Dancers will have their party Sunday, February 18, from 1 to 4 P.M., at the Berkeley Senior Center, Old Grove Street and Hearst Avenue, Berkeley. Stan Valentine will call squares, and Lloyd Day will MC.

The East Bay Women's Dance Circle will have their party on Thursday, February 15, from 9:30 to 11:30 A.M. They folk dance under the direction of Grace Nicholes, assisted by Gwen Heisier and Jerry Washburn, Jr., at the Allendale Recreation Center, 3711 Suter Street, Oakland.

PENINSULA COUNCIL

Peninsula clubs are still reeling and stomping from their very successful January Festival. We're glad you all came!

The Palomanians will lead off the February parties on February 3, 8 P.M., at the Women's Club on Clinton Street in Redwood City. The Menlo Park Folk Dancers have scheduled parties for February 24, March 17, and April 28. Dancing begins at 8 P.M. at the Menlo Park Recreation Department, and you may want to join everyone for the pot-luck that preceeds each party.

Look for information in next month's Let's Dance on Marcel's Advanced Workshop on April 28, or call Marcel at 327-0759. The Docey Does will hold their annual Western Chili Cook Off on February 24, 8 P.M., at the Community Church, Arroyo and Elm Streets, San Carlos.

This year, we honor all past presidents of the United States, and all present and past presidents of folk dance clubs. March 3 is the date for the next Little Night Music Dance at the First Christian Church, 80 South 5th Street, San Jose.

SAN FRANCISCO COUNCIL OF FOLK DANCE GROUPS

There will be no February Warm Up Parties in the future. Thank you to all folk dancers who gave their support in the past. Also, Margaret O'Conner, who faithfully sent in the news to Council Clips for some time, has resigned that duty as of December 1989. Her excellent work was greatly appreciated.

Members attended a memorial service for Gloria Ebeling on January 29, at her church. Everyone was saddened by the loss of this dear friend whose support for the Council, sunny smile and enthusiasm will long be treasured memories of her fellow dancers at Changs and the Fun Club. Vince has left too, after so many years of dancing with the Council. A quiet man who had a twinkle in his eye, his Scottish costumes and his erect figure marked him with a special individuality.

WHAT'S HAPPENING AT CHANGS?
Changs is looking forward to a time when they can resume dancing, and promises to keep us all posted.

FUN CLUB: Enjoyed their Christmas Party and a feast of goodies along with good fellowship. A special joy was to have Gloria's daughter Patty, her husband Danny, and their two little boys and Bill with us. Patty and her sister, Fern, are planning to keep up their folk dancing.

SAN FRANCISCO WOMEN'S DANCE CIRCLE: Under the direction of Grace Nicholes provides opportunities to learn new dances at 50 Scott Street, Wednesday mornings. Ladies are always welcome to join the group.



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