

FEBRUARY 1979 • 65c

# Let's Dance

THE MAGAZINE OF INTERNATIONAL FOLK DANCING





# Let's Dance

THE MAGAZINE OF INTERNATIONAL FOLK DANCING

Vol 36, No. 2

USPS 310-580

FEBRUARY 1979

OFFICIAL PUBLICATION OF THE  
FOLK DANCE FEDERATION OF CALIFORNIA, INC.

EDITOR . . . . . June Horn  
ASSOCIATE EDITOR . . . . . Max Horn  
DANCE RESEARCH EDITOR . . Dorothy Tamburini  
COSTUME RESEARCH EDITOR . . Eleanor Bacon  
ETHNIC FOOD EDITOR . . . . Vi Dexheimer  
BUSINESS MANAGER . . . . . Max Horn

## FEBRUARY CONTRIBUTORS

Richard Ashton	Omega Andreola
Burt Scholin	Vera Jones
Bruce Wyckoff	Jack Peirce
Dorothy Kvalnes	Genevieve Pereira
Al Tesler	Alice Needham
Stan Valentine	Leonore Fifer
Perle Bleadon	

## FEDERATION OFFICERS (North)

PRESIDENT . . . . . Bruce Wyckoff  
1215 Chesterton Ave., Redwood City, CA 94061  
VICE PRESIDENT . . . . . Frank Bacher  
TREASURER . . . . . Oscar Faoro  
RECORDING SECRETARY . . . Dee Silva  
DIRECTOR OF PUBLICATIONS . . Joyce Uggla  
DIRECTOR OF MEMBERSHIP Mr & Mrs Williams  
DIRECTOR OF PUBLICITY . . . Leonore Fifer  
HISTORIAN . . . . . Leona Faoro

## SOUTH

PRESIDENT . . . . . Dorothy Daw  
VICE PRESIDENT . . . . . Alice Stirling  
TREASURER . . . . . Avis Tarvin  
RECORDING SECRETARY . . . Elsa Miller  
DIRECTOR OF EXTENSION . . . Fran Slater  
HISTORIAN . . . . . Evelyn Prewett  
DIRECTOR OF PUBLICITY . . . Perle Bleadon

## TABLE OF CONTENTS

WELCOME, FESTIVAL OF THE OAKS . . . . .	1
FESTIVAL OF THE OAKS PROGRAM . . . . .	2
1978 FOLK DANCE POPULARITY LIST . . . . .	4
YOUR COSTUME FOR 1979 . . . . .	6
A MOMENT OF CONCERN . . . . .	9
"LITTLE ARMENIA" IN FRESNO, CALIFORNIA . . . . .	10
REPLY TO DEAN LINSOTT . . . . .	11
BEGINNERS' FESTIVAL . . . . .	12
BEGINNERS' FESTIVAL PROGRAM . . . . .	13
FOOD IN THE ARMENIAN MANNER . . . . .	14
DANCE DESCRIPTIONS:	
<i>Sirba Din Slatina</i> (Romania) . . . . .	18
<i>Loree</i> (Armenia) . . . . .	20
PICTURES - 1978 FESTIVAL OF THE OAKS . . . . .	25
EASY DOES IT . . . . .	26
ARMENIA . . . . .	28
PARTY PLACES (North) . . . . .	30
PARTY PLACES (South) . . . . .	32
COUNCIL CLIPS . . . . .	33
ECHOES FROM THE SOUTHLAND . . . . .	35
CALENDAR OF EVENTS (North) . . . . .	37
CALENDAR OF EVENTS (South) . . . . .	38
CLASSIFIED ADS . . . . .	40
ADVERTISERS . . . . .	36, 39, 40 back cover

## ON OUR COVER

East Bay Folk Dance Council's  
OAK TREE



## FOLK DANCE FEDERATION OF CALIFORNIA, INC.

### EDITORIAL OFFICE:

(Advertising & Articles)  
JUNE HORN . . . Editor  
6200 Alhambra Ave.  
Martinez, CA 94553  
(415) 228-8598

### SUBSCRIPTION RATE:

\$5.00 per year  
\$6.00 foreign & Canadian



### BUSINESS OFFICE:

(Circulation & Invoices)  
GENEVIEVE PEREIRA Sect  
1275 "A" St. Rm 111  
Hayward, CA. 94541  
(415) 581-6000  
ANSWERING SERVICE  
HAZEL STREETER  
(415) 441-3049

Second Class Postage paid at Hayward, California and additional entry post office. All rights reserved. Any material contained herein may be reproduced with the written consent and with due credit to, the FOLK DANCE FEDERATION OF CALIFORNIA, INC., as long as sold material is not reprinted for monetary gain. LET'S DANCE is published monthly by the FOLK DANCE FEDERATION OF CALIFORNIA, INC., with the exception of May-June and July-August issues, which are released within each 2 month period.

*Welcome To*

## *The Festival of the Oaks*



The 31st Annual "FESTIVAL OF THE OAKS" will be held at the Oakland Municipal Auditorium, 10th and Fallon Streets, Oakland, Ca., on Sunday, February 25, 1979; Folk Dancing and Squares from 1:30-5:30 PM in the afternoon, with a Kolo Hour 6:30-7:30 led by Edith Cuthbert Jr., and an evening program from 7:30-9:30. Plan to join us for the ENTIRE Festival. You will enjoy it!!!

The following people have worked hard to make this the best Festival ever;

Burt Scholin  
Charlotte Bossert  
Millie von Konsky  
Genevieve Pereira  
Stan Valentine  
August Korber and  
Ed Hubbard  
Edith Cuthbert Jr.  
Rose Ling  
August Korber

General Chairman and M.C.'s  
Program  
Exhibitions  
Publicity  
Square Callers  
Decorations  
Kolo Hour  
Historian's Table  
Program Taping

To learn what really goes on in the Folk Dance Movement, plan to attend the Federation Assembly Meeting starting at 11:45 AM. Lunch will be served immediately following the meeting. Phyllis Olson is the food Chairperson. There will be a charge of \$1.00 per person for the lunch.

The Greater East Bay Folk Dance Council takes pride in hosting this major Festival and extends an invitation to ALL Dancers and Friends to attend and enjoy the dancing and good fellowship that is inherent in the Folk Dance Movement.

On behalf of the East Bay Council, I extend a sincere  
HAND OF WELCOME.

*Burt Scholin, President  
Greater East Bay Folk Dance Council*







# *Festival of the Oaks*

**Oakland Auditorium**

**Sunday, February 25, 1979**

---

**SUNDAY**

Assembly Meeting . . 11:45 AM

General Dancing . . 1:30-5:30 PM

---

**CORRIDO**

LUBI LUBI

COUNTRY TWO-STEP

TINO MORI (L)

THE SAINT JOHN RIVER

RUSSIAN PEASANT

EREV BA II (L)

SPINNRADEL (P)

VO SADU

**ALEXANDROVSKA**

TANGO POQUITO (P)

SHAM HAREH GOLAN (L)

ELIZABETH QUADRILLE

LA JOAQUINITA

CIULEANDRA (L)

SCANDINAVIAN POLKA

IVANICE (L)

SIESTA IN SEVILLA

squares

**BLUE PACIFIC WALTZ**

SIRTAKI (L)

PIASTOWSKI MAZUR

YEDID NEFESH (L)

THE DOUBLE SIXSOME

ORIJENT (L)

ČARDÁŠ Z KOŠICKÝCH HÁMROV

LA BASTRINGUE (P)

LEPA ANKA KOLO VODI

**EXHIBITIONS**

**BAL IN DA STRAAT (P)**

FOLSOM PRISON BLUES

BELASIČKO (L)

LA ENCANTADA TANGO

THE GARRY STRATHSPEY

GODEČKI ČAČAK (L)

ADA'S KUJAWIAK #3

MARKLAENDER

APAT APAT (P)

squares

**KOLO HOUR 6:30-7:30 PM**

**Edith Cuthbert Jr.**

---






---

SUNDAY EVENING  
General Dancing 7:30-9:30 PM

---

ST. GILGEN FIGURENTANZ (P)  
SANTA RITA  
CABALLITO BLANCO/FADO MORESCO  
VRANJANKA (L)  
POSTIES JIG  
HAMBO  
SHEILA'S WALTZ

squares



POZNAN OBEREK  
LA CACHUCHA  
POLYANKA  
RUMANIAN MEDLEY (L)  
TETON MOUNTAIN STOMP (P)  
COLUMBINE MAZURKA  
TO TUR

squares

COUPLE HASAPIKOS  
CIELITO LINDO (P)  
TRIP TO BAVARIA  
DOUDLEBSKA POLKA (P)  
POLISH MAZUR  
ALUNELUL  
LA GOLONDRINA



# Folk 1978 Dance

## Popularity List

*Compiled by Stan Valentine*

- |                              |                          |
|------------------------------|--------------------------|
| 1. Hambo                     | 41. Bratach Bana         |
| 2. Posties Jig               | 42. La Cachucha          |
| 3. Corrido                   | 43. Hofbrauhaus Laendler |
| 4. Somewhere My Love         | 44. Square Tango         |
| 5. Trip To Bavaria           | 45. Brandiswalzer        |
| 6. The Garry Strathspey      | 46. Ada's Kujawiak #1    |
| 7. La Encantada Tango        | 47. Lubi Lubi            |
| 8. Double Sixsome Reel       | 48. La Golondrina        |
| 9. Blue Pacific Waltz        | 49. Piastowski Mazur     |
| 10. El Gaucho Tango          | 50. Miss Frenchy Brown   |
| 11. St. Gilgen Figurentanz   | 51. Polish Mazur         |
| 12. Zillertaler Landler      | 52. Santa Rita           |
| 13. Tango Mannita            | 53. Marklaender          |
| 14. Kujawiak #3              | 54. La Bastringue        |
| 15. J. B. Milne              | 55. Divčibarsko Kolo     |
| 16. Happy Heart              | 56. Tehuantepec          |
| 17. Folsom Prison Blues      | 57. Viennese Waltz       |
| 18. Siesta In Sevilla        | 58. Ve'David             |
| 19. Lights Of Vienna         | 59. Oslo Waltz           |
| 20. Elizabeth Quadrille      | 60. Jota Criolla         |
| 21. Tzadik Katamar           | 61. Vrtielka Csárdás     |
| 22. Sauerlander Quadrille #5 | 62. Erev Ba II           |
| 23. Doudlebska Polka         | 63. Sasino Kolo          |
| 24. Never On Sunday          | 64. To Tur               |
| 25. Alexandrovskia           | 65. Misirlou             |
| 26. Couple Hasápihos         | 66. Ciuleandra           |
| 27. Milondita Tango          | 67. Apat Apat            |
| 28. Yedid Nefesh             | 68. Mari's Wedding       |
| 29. Bal In Da Straat         | 69. Lech Lamidbar        |
| 30. Ali Pasa                 | 70. Gerakina             |
| 31. Sheila's Waltz           | 71. The Saint John River |
| 32. Korobushka               | 72. De-a Lungul          |
| 33. Caballito Blanco         | 73. Sham Hareh Golan     |
| 34. The Lady Asked Waltz     | 74. International Waltz  |
| 35. Dreisteyrer              | 75. Thirteen Fourteen    |
| 36. Grand Square             | 76. Hora Fetalor         |
| 37. El Shotis Viejo          | 77. The Frisky           |
| 38. St. Bernard Waltz        | 78. Slovenian Waltz      |
| 39. Scandinavian Polka       | 79. Russian Peasant      |
| 40. Teton Mountain Stomp     | 80. Šetnja               |



- |                               |                            |
|-------------------------------|----------------------------|
| 81. Čardáš Z Košických Hámrov | 101. Polyanka              |
| 82. Beautiful Ohio            | 102. Livanteenee           |
| 83. Western Trio Mixer        | 103. Ikariótikos           |
| 84. Polharrow Burn            | 104. Italian Quadrille     |
| 85. Sprötzer Achterruem       | 105. Cumberland Square     |
| 86. Mr. Lucky                 | 106. Changier Quadrille    |
| 87. Salty Dog Rag             | 107. Neapolitan Tarantella |
| 88. Körcsárdás                | 108. Tango Poquito         |
| 89. Dirlada                   | 109. Spinnradel            |
| 90. Døla Mazurka              | 110. Lepa Anka Kolo Vodi   |
| 91. Tino Mori                 | 111. Tsiganochka           |
| 92. Mexicale Rose             | 112. Amanor Waltz          |
| 93. Walczyk Lubelski          | 113. Street Fair           |
| 94. Yevarechecha              | 114. Godečki Čačak         |
| 95. Tant' Hessie              | 115. White Heather Jig     |
| 96. Schuhplattler Laendler    | 116. Yeblat Harurach       |
| 97. Alunelul                  | 117. Sleeping Kujawiak     |
| 98. Ersko Kolo                | 118. Savila Se Bela Loza   |
| 99. Ranchera (Argentina)      | 119. Dodi Li               |
| 100. Oklahoma Mixer           | 120. Vranjanka             |

---

### OPINION POLE - 1978



The 1978 Dance Popularity List will again spark some controversy, but it is just exactly what it is intended to be - an opinion pole - nothing more. Statistics are numbers and names. How you arrive at a given statistic will determine what that statistic is and what it says. Many methods of arriving at a dance popularity list have been tried, each has its own degree of validity, and each has its drawbacks. By far the simplest to take and with as much accuracy as any, is this list of dances.

Non-Federation and Non-reporting clubs may not get their programs on the list, but surprisingly enough, all but one club was represented this year, and almost every program by all the Federation clubs were submitted. The only clubs that do not seem to get on the list, are those using a blackboard or pin board for their program, but as usual, they are all represented here, but one.

This year get your clubs opinion on the list. Send your dance programs and request lists to:



Stan Valentine  
1175 Plaza Drive  
Martinez, CA 94553



# YOUR Costume For 1979

*Eleanor Bacon*

We have all settled into a New Year and maybe it is time to evaluate our folk dance wardrobe along with our other New Year's resolutions.

Have you allowed your dance wardrobe to wear out, go out of shape or fit, or get a little messy? Are you attending the parties and festivals in casual dance wear or street wear? And, while we are at it, are you men still wearing short sleeve shirts for your own comfort, but putting your wet perspiring arm around a woman's freshly ironed costume? Are you women wearing short or very full skirts that leave a lot showing during spins and turns? Do you wear embarrassingly low necklines, or wear halter tops that embarrass the men who have to put their hand on a bare back?

Look your dance wardrobe over and resolve to dance the new year in ethnic color. Do it now! These cool winter months are the best times to put together some new costumes, before the beach or garden starts calling you.

It is amazing how many women's costumes use a basic black bodice and how the type of scarf or apron determines which country is being represented. Some costumes that are pictured with ornate vests or jackets can be worn without them, making the costume cooler, more comfortable and easier to make, and the vest can be added later if desired. It is important with costumes showing a front and back apron, that both be worn in order to properly dressed.

Maybe the Mister only needs a new vest to update or complete his Scandinavian or Italian costume. Or, a new Russian or Ukrainian, Romanian or Israeli shirt might be more desired. For those with embroidery talents, how about starting the embroidery for a Russian, Ukrainian, Balkan or Norwegian costume. Even a costume with soutach braid, like Hungarian, Polish, or Romanian can be made slowly, but easily.

There is no need to feel a costume is an impossible job to make, as there are as many easy-to-make costumes as there are difficult ones. It is generally known that most countries had work clothes, Sunday costumes, and festival costumes, and the amount of decoration and ornateness of the fabrics increased from work to festival clothes. It is this writer's opinion that it is not necessary to wear only the festival costumes for general folk dancing. It is best for anyone representing a country in dance (like an exhibition) to be accurate, and if at all possible, wear the festival costume. It is impolite, and can even be an insult to a country, to willingly disregard ethnic laws in regard to a costume, too low a neckline, too short or drastic altering skirt lengths, outlandish colors or prints (colors often



denote religion, or have other significance), or mixing of costume parts from other countries. If you represent a country, do it as correctly as possible.

For ease in making, dancing, and cleaning, a simple or less ornate costume is a marvelous asset. In fact, many of the everyday costumes were just undecorated versions of the Sunday costume, or the style was the same, but the fabric used was different.

It is not difficult to put together a colorful and comfortable costume that does not require embroidery, or a costume that can use braid instead of embroidery. It is just a matter of doing a little research.

If you have a costume in mind and would like help putting it together easily, a copy of Costume Basics available from the Folk Dance Federation Office (\$2.50) can be of great help. If you still need assistance, let me know and I will see what I can do. Please, no generalized request of "I need or want a simple costume". Have a specific costume in mind so I know where to start. You can do a little research ahead of time, and if possible, send me a sketch, picture, or explain where you saw it. This will save a lot of time and extra letter writing. A self addressed stamped letter sized envelope will help, too.

There are a few NEW patterns, as well as a few of the older favorites still available.

NEW: For tall men! Simplicity 8711 5'11"-6'3" shirts  
size 38-52 chest.  
Extra tall men! Simplicity 8725 6'3"-6'7" shirts  
size 38-52 chest.  
Tall men's pants! Simplicity 8877 5'11"-6'3" sizes  
32-38.  
Extra tall men's pants! Simplicity 8878 6'3"-6'7"  
sizes 32-48.  
Tall women! Simplicity 8868 5'7"-5'11" skirt, pants,  
jacket.  
Misses no-dart, easy-to-make vest, McCalls 5956 sizes  
6-18.  
Men's jiffy vest Simplicity 7701

#### FAVORITES:

Simplicity 7842 9 gore skirt (2 1/2 circles) with  
ruffles. Great for Jalisco Mexico  
skirt. Fun to dance in!  
Simplicity 8301 Vest (misses) with square neckline.  
May be rounded easily.  
Simplicity 6452 Misses square dance dress. Great for  
any fitted bodice style, puffed sleeve  
blouse or full skirt costume.  
Butterick 4967 Misses vest with curved front dart-  
lines.



Denmark

Example of a  
good basic costume.



## *A Moment of Concern ~ ~ ~*

### INSURANCE

One of the very best things that the Federation does is sponsor an insurance program. The program was started and has been run by one person, Lawrence Jerue from Sacramento. Clubs, Councils and the Federation itself obtains liability insurance through the program. A number of clubs have joined the Federation just to get the insurance. Consider that many festivals simply cannot be put on without that insurance certificate! The insurance protects us all in this "suit-happy" age. How can we strengthen this program?

1. Be aware that claims hurt us. Keep our dances safe at all times. Discourage, as much as we can, any nuisance claims.
2. Promptly report any accidents, whether a claim is filed or not.
3. Pay premiums (we must get all certificates at one time).
4. Encourage other folk dance groups to join the Federation in order to take advantage of this insurance protection.

Insurance of this type is very difficult to get. Preserve and protect it; it protects us!

*Bruce Wyckoff, Federation President*

### PULLMAN WASHINGTON



The WSU-Pullman International Folk Dancers' Festival for 1979, is scheduled for March 31. Shlomo Bachar will teach Israeli dances in sessions 9:00-11:00 AM and 1:00-4:00 PM. The afternoon session will include a film taken in Israel. There will be a potluck supper at 5:30 PM and a Festival dance at 8:00 PM. The latter will have visiting performing groups. An After party with food and dance will run until 4:00 AM, April 1. Shlomo Bachar will join the Pullman Dancers and their guests Friday evening, March 30, 7:00-11:00 PM for their regular club meeting in 115 Smith Gym on the WSU campus. He will teach a couple of easy dances in a traditional meet-the-teacher session. Saturday's teaching and Festival Dance will be held in the Ballroom of the Compton Union Building (CUB) on the WSU campus. All other events will be at the Pullman Community Center, corner of Kamiaken and Paradise Streets in Pullman. Everyone is invited to all events. Breakfast will be served on April Fools Day!

For further information write to: Hedy Herrick, Rt.#1, Box 331, Pullman, Washington 99163.

## "Little Armenia" in Fresno, California



Armenians arrived in Fresno much later than in the Eastern United States, but Fresno became the largest settlement of some 30,000, including nearby areas of the San Joaquin Valley. This accounts for Fresno being called "Pokrig Hayastan" or "Little Armenia". They established extensive farming operations in grapes, melons, plums, apricots and vegetables, and in making wine as in their homeland.

Being unfamiliar with the local language, they tended to be clannish. When they got together, they danced their group circle and twosome courtship dances. Their children, growing up in America and seeking acceptance, danced the American dances, and the waltz. As ethnic culture encouragement came to the fore, Armenian youth turned back to circle dancing with increased zeal.

Armenians landed with the Pilgrims in Massachusetts and in Virginia they came to establish silk culture in the colonies. They arrived just one or two at a time, and until the 1890's their population numbered in the low thousands. Then the great massacres of the 1890's, and the genocides after World War I claimed more than a million and a half lives in Turkey. The influx mushroomed until they now number about 400,000. At present the Los Angeles area has the largest concentration of Armenians in the United States.

There are Armenian Song and Dance Ensembles in New York, Philadelphia, Detroit, and Los Angeles. Three performances were given in Fresno to "Sold Out" audiences.

At lavish weddings, where both Armenian and American music are provided, by far the greatest participation is found in ethnic dances. At times the crowd forms a fascinated circle to observe the fancy gyrations of a good interpretive couple doing the "Courtship Dance"!

The 30th Annual Fall Folk Dance Festival, held on October 21, and 22, 1978, sponsored by the Fresno Folk Dance Council and the Folk Dance Federation of California, Inc., in cooperation with the Fresno Recreation Department, titled its program booklet Fresno "Little Armenia" and illustrated it with the fruit of the tree and vine, and Armenian Folk Dancers.

*Richard Ashton*





## Reply To Dean Linscott

As a former dancer-teacher, I wish to confirm much that was in the 3 1/2 page article by Dean in the December LET'S DANCE. I would like to take issue, however, on the subject of Squares. Dean says in part, "The Federation North should leave most of the square dancing and round dancing to those organizations which specialize in it ..... and should focus its attention primarily on INTERNATIONAL folk dancing, with a strong emphasis on both partner and non-partner dances." The first part of the quote does not agree with the last part, for are not American Squares part of International Folk Dance? American Squares have developed from the quadrilles of Europe, brought over by our ancestors. I see no reason to belittle them. We can have them as a small part of our repertoire. Our American Contras have a place here also.

Now, the subject of Rounds is another matter. I will go along with the idea of de-emphasis of Rounds, since they are a hybrid form; merely choreographed ballroom dances. I have always thought ballroom dances were better done free-style. This includes tangos. As a former ballroom dancer, I have been loath to watch the bouncy choreographed tangos done with none of the original Argentine styling.

My suggestions for programming are these:

- 1) All teachers should carefully screen new material and be very selective, choosing only the very best from Folk Dance Camps and the Teacher's Institutes.
- 2) Old favorites which have become classics should be retaught or reviewed more often, and on a request basis.
- 3) Certain dances which no longer appeal to the club members, should be dropped to make room for new dances.
- 4) The repertoire should be a good balance between partner dances, non-partner dances, squares and contras.
- 5) Whatever needs to be done to attract young people (singles or couples) to our clubs, should have first priority. This is the way to keep a club alive. These young people can take over as older people slow down or drop out. This is true of all clubs, not just dance clubs!

Dorothy Kvalnes

*This is our first response to Dean Linscott's article in the December issue of LET'S DANCE. Our second will be printed next month. - ED*

## *Beginners' Festival*

An afternoon of enjoyment is being planned for attendees of the Beginners' Folk Dance Festival. The Festival is to be held on Sunday afternoon, April 29, 1979, at West Valley Community College in Saratoga, California (suburban San Jose). Though folk dancers of all levels are encouraged to participate, this annual event, sponsored by the California Folk Dance Federation, features a program of dances which Beginner Folk Dancers generally learn in their classes.

The Festival, which rotates locations in the Bay Area each year, is set up specifically so that Beginner Dancers can participate in and enjoy their own Festival. The Beginner is brought in contact with other dancers from other areas. Folk dancing can be viewed as a broad movement of people who take delight in this unique social, cultural and recreational outlet.

The dance program for the event is being circulated to teachers around the area to be used as a guide for dances that are being taught. The program was developed from questionnaires filled out by a number of teachers.

Please note that Festival participation is not limited to beginners. Everyone is encouraged to come, participate and show beginners the solidarity of folk dancers.

More details on the plans and the program will be presented in future issues of LET'S DANCE.

*Al Tesler*



Young Rebels - Cloggers

1978 Festival of the Oaks



# *Beginners' Festival Program*

*April 29, 1979*

Misirlou (L)  
Alexandrovska (C)  
Mayim (L)  
Oklahoma Mixer for 3 (P)  
Couple Hasapiko (C)  
At Va'ani (L)  
Scandinavian Polka (C)

New Dances 1 and 2 taught.

Setnja (L)  
To Tur (P)  
Sulam Ya'akov (Jacob's Ladder) (L)  
Kohanochka (C)  
Apat Apat (P)  
Kostursko Oro (L)

Contras

Savila Se Bela Loza (L)  
Korobushka (P)  
Ali Pasa (L)  
Tango Poquito (P)  
Tzadik Katamar (L)  
Cumberland Reel (C)  
Le Laride (L)

St Gilgen Figurentanz (P)  
Ma Navu (L)  
Mason's Apron (P)  
Salty Dog Rag (C)  
Karagouna (L)  
Grand Square (C)  
Oslo Waltz (C)

New Dances 3 and 4 taught

Alunelul (L)  
La Bastringue (P)  
Trgnala Rumjana (L)  
Doudlebska Polka (P)  
Hashual (L)  
Das Fenster (P)  
Pljeskavac (L)

Squares

Syrtos (L)  
Ve'David (P)  
Vranjanka (L)  
Teton Mountain Stomp (P)  
Macedonka Kolo (L)  
Cumberland Square (C)  
Ersko Kolo (L)

New Dances 1-4 reviewed



## *Food in the Armenian Manner*

The following recipes were submitted by Frances Schleadewitz of Fresno, California. She says, "These dishes are ones I have learned from my mother, and are not made by many of our own nationality, as they more or less originated in the part of the old country where she was born. It seems each section of the country had its own specialties."

### TANABOUR (Yoghurt Soup)

1 qt. meat broth	1 egg
1/2 cup wheat or barley	1/8 lb. butter
3 cups yoghurt	1/4 cup chopped mint
1/2 cup chopped onion	and parsley

Salt and Pepper

Soak wheat or barley over night in lukewarm water. Add the broth and cook until tender. Beat yoghurt and egg together and add slowly to the soup. Melt butter, mix the mint and parsley, and add the mixture to the soup and serve.

### MEATLESS KUFTA

In a large pan, thoroughly mix 1-1/2 cups fine bulghour and a small can of tomato sauce. Add three green onions, chopped, salt and pepper to taste, cayenne pepper, if desired, and another small can of tomato sauce. Knead all together as you would dough. If mixture seems dry, add water for smoother blending. Continue kneading until all ingredients are thoroughly blended. Add one cube melted butter to mixture.

Place on platter, forming a loaf or mound (dip hands in water to form); sprinkle a little water on top and serve.

Can be served with lettuce or fresh grape leaves and a tossed green salad.

NOTE: There is no cooking or baking to do, and it is important that the ingredients are blended well with the cracked wheat, so it will stick together. It takes only a short time to put this dish together and can be served on short notice.

### SINI KUFTA (Armeanian Meat Loaf)

1-1/2 lbs Round Steak (ground twice, some fat trimmed off)  
2 cups fine Bulghour  
1 onion, chopped  
Salt and pepper to taste

(continued)



## SINI KUFTA (continued)

1-1/2 lbs Ground Lamb Shoulder, not lean	2-1/2 tablespoons chopped parsley
2 onions, chopped	1 cup chopped walnuts
Salt and Pepper to taste	

Cook the lamb and onions in frying pan until onions are soft and meat is browned; then add parsley and walnuts. Let cool.

Soak bulghour in enough water to cover for one hour. Blend the round steak, onion and salt; then add bulghour and knead well, adding water a little at a time, until mixture is smooth. Divide into 2 portions. Spread one portion in bottom of buttered baking pan; flatten evenly with wet fingers. Spread the filling on top; then cover with the other portion of meat and bulghour mixture. Flatten again evenly. Cut into diamond shapes. Put a small dab of salted or unsalted butter on each diamond; sprinkle with a little water, and bake at 350° for 45 minutes.

# Folk, Ethnic, Disco, and Contra Dance

1979

## TEACHER TRAINING

## PROGRAM

Co-sponsored By  
CALIFORNIA STATE UNIVERSITY  
SACRAMENTO, CALIFORNIA



## SESSIONS

FEBRUARY 3, 10, 17, 24  
9:00 AM-3:30 PM  
(all sessions)

REGISTRATION:

FEBRUARY 3,

8:00-8:45 AM

ORIENTATION:.

8:45-9:00 AM  
(all sessions)

WORKSHOP SERIES OPEN TO EVERYONE. STUDENTS, FOLK DANCERS (Beginning and Experienced,) TEACHERS AND RECREATION LEADERS.

YOU ARE NOT TOO LATE

If you did not pre-register for the Teacher Training Program, you ARE NOT TOO LATE. All you have missed is the early enrollment discount. The First Session is February 3, 1979. Simply arrive a little early and sign up. There will be staff members there to help you, and you will not have missed any of the teaching.

If you CANNOT make the February 3rd session, PLEASE attend starting with the February 10th session. It will be well worth your time.

SACRAMENTO FOLK DANCE COUNCIL WILL HOST THE COFFEE BREAK

**PURPOSE:** The program consists of four Saturday workshops in folk, disco, contra, movement, and big circle dances for the beginning and experienced teacher or recreation leader of children, youth or adults. This program will also benefit anyone with an interest in the teaching of dance as kinesthetic and multicultural education. The various aspects to be covered are fundamentals of dance movement, teaching progressions for basic dance steps and patterns, styling and teaching methods for dances from selected cultural areas, American contra dances, big circle dances and clogging, contemporary disco dances, and costume workshop and resource materials for the classroom teacher.

**FACILITIES:** Sessions will be held in the womens' gymnasium on the C.S.U.S. campus (6000 J St., Sacramento, CA).

**DATES:** Sessions February 3, 10, 17 and 24, 1979..... Registration Feb. 3rd, 8:15-8:45 a.m.

**HOURS:** All sessions 9:00 - 3:30 p.m.

**ENROLLMENT FEE:** \$25.00 per person (includes enrollment in four sessions, a syllabus of material presented, and a Certificate of Completion OR \$10.00 per person for a one day session - no syllabus).

**UNIVERSITY CREDIT:** California State University, Sacramento, offers 1 semester unit of upper division P.E. credit (Course: code 5005 - number X196) for \$12.00.

**FACULTY:** Eleanor Bacon (Costume Workshop) - Chairperson, Costume Research Committee, FDFC; performer of ethnic dance, Ensemble International, San Jose.

Jere Curry (Disco Dance) - Professional dancer and choreographer. Currently head of the dance department at the University of California, Davis.

Anna Efsthathiou (Greek dances) - Teaches all levels of Greek dancing in the Bay Area. She is also a noted tour leader to Greece.

Bruce Mitchell (Folk dances for children) - Elementary school administrator. Past President of FDFC; director, Cantia Dance Ensemble; member of the University of the Pacific Folk Dance Camp Committee.

Jack Murtha (Contra Dances) - School administrator. Nationally known square and contra dance caller.

Jeff O'Connor (Big Circle dances and clogging) - Dance Director of Westwind. He has done extensive research in No. Carolina on big circle dances and clogging.

Pirkko Roecker (Movement Fundamentals) - Past head of the University of Oregon Dance Department and faculty member at the University of Iowa.

Neal Sandler (Balkan Dance) - Owner, director & instructor, Mandala Folk Dance Center of S. F.; dance instructor, UC Berkeley & CSU, Hayward, Extension Division.

Edith Thompson (One-Night-Stands and Recreation) - Well known folk dance leader, square dance caller, and resort and recreational leader.

Lorenzo Trujillo (Dances of Mexico for elementary students) - Member of the dance faculty at San Francisco State University. He received his Ed.D. in ethnic dance from the University of San Francisco. He is Director of the Grupo Folklorico de San Francisco.

Millie von Kinsky (Folk dances for children) - General Coordinator, Teacher Training Program; Past President, FDFC; folk dance specialist & consultant, Oakland Rec. Dept.; dance instructor, Chabot College, Hayward & CSU, Extension Div., Hayward; director, Dance Arts of Oakland, Calif.



ROUMANIA

Oltenia Region



From the 1967 Costume Calendar

## Sirba Din Slatina

(Romania)

Sirba din Slatina (SEER-bah deen SLAH-tee-nah) was learned by Mihai David while performing with the Romanian State Folk Ensemble Perinita. It was presented by his brother Alexandru David at the 1978 University of the Pacific Folk Dance Camp.

MUSIC: Record: Gypsy Camp Vol. 3, side 2, band 4. 2/4 Meter

FORMATION: Short lines in shoulder hold\*, end dancers put free hand on waist.

STEPS: Jump\*, hop\*, kick\*, leap\*, stamp - place full foot forcefully on the floor.

STYLING: Body erect; steps are small and contained.

\*Described in Steps and Styling, published by the Folk Dance Federation of California, Inc., 1275 "A" Street, Room 111, Hayward, California 94541.

MUSIC 2/4

PATTERN

Measures

1-16 INTRODUCTION

I. STAMPS

- 1 Step on R (ct 1); stamp on L no wt (ct &); step on L (ct 2); stamp on R (ct &); All steps and stamps are done in place.
- 2 Moving to R; step on R (ct 1); step on L behind R (ct &); step on R to R (ct 2); step on L behind R (ct &).
- 3 In place step on R (ct 1); raise L leg with a slight kick fwd (ct &); step on L in place (ct 2); raise R with a slight kick fwd (ct &).
- 4 Step on R in place (ct 1); stamp on L next to R no wt (ct &); stamp on L no wt (ct 2); hold (ct &).
- 5-8 Repeat action of meas 1-4 in opp direction and opp ftwk.

II. JUMPS

- 1 Jump feet apart (ct 1); jump landing L across in front of R (ct &); jump feet apart (ct 2); leap onto L with R lifted in front of L shin (ct &).
- 2 Moving to the R, step on R to R (ct 1); step on L behind R (ct &); step on R to R (ct 2); hop on R (ct &).
- 3 Still moving to the R step on L in front of R (ct 1); step on R to R (ct &); step on L behind R (ct 2); step on R to R (ct &).
- 4 Step on L across in front of R (ct 1); stamp on R in place, no wt (ct &); stamp on R again no wt (ct 2); hold (ct &).
- 5-8 Repeat the action of meas 1-4 (Fig II) in opp direction and with opp ftwk.
- 9-16 Repeat the action of meas 1-8 (Fig II).

Repeat the dance from the beginning two more times.



## Loree

(Armenia)

Loree (lo-REE) is the name of one of the folk regions in Eastern or Caucasian Armenia (Soviet Armenia since 1920), and is located in the northern part of the republic. The dance was learned by Tom Bozigian in 1974 in Yerevan, capital of the Armenian SSR, as a performer at the Gabelee Gordzaran Barakhoomb (Wire Factory Amateur Dance Ensemble). The dance was presented at the 1978 University of the Pacific Folk Dance Camp by Mr. Bozigian.

MUSIC: Record: "Tom Bozigian Presents Songs and Dances of the Armenian People". Vol. II, GT 4001  
6/4, 6/8 Meter.

FORMATION: Open circle of dancers facing ctr with leader at R end. Little fingers are joined and held down (V Pos.)

STEPS: Walk\*, Two-step\*, Bounce\*, Scissor Kicks\*.

STYLING: Posture is erect. Footwork and hand movement is precise and controlled, but relaxed. The steps have a "bouncy" character, given by a bend of the knees (Plie').

\*Described in Steps and Styling, published by the Folk Dance Federation of California, Inc., 1275 "A" Street, Room 111, Hayward, California 94541.

MUSIC 6/4, 6/8

PATTERN

### Measures

6/4

1-4 INTRODUCTION. No action

#### I. SLOW VARIATION

1 Step sdwd R (cts 1-3); close L to R (cts 4-6).

2 Turn to face RLOD, walk bkwd LOD on R L R (cts 1-3); Pivot on R ft to face diag L of LOD, touch L toe across in front of R (ct 4); hold (cts 5-6).

3 Turn to face ctr, step L diag bkwd, swing joined hands bkwd (cts 1-2); kick R ft fwd, then up and around in a reverse bicycle peddling motion (ct 3); touch ball of R ft beside L (ct 4), hold (cts 5-6).

Note: Arms follow R ft, after swing bkwd on cts 1-2, the arms describe a circular motion fwd, up and down to rest shoulder level pos, elbows bent (W pos).

4 Step R fwd twd ctr, release little finger hold and clap hands sharply upward a little above eye level (ct 1); bring hands down to sides to rejoin little fingers (cts 2-3); close L ft to R and with knees straight, ft together bounce twice (cts 4-5); hold (ct 6).

5-28 Repeat action of meas 1-4 (Fig I) six more times.

29-30 Repeat action of meas 1-2 (Fig I), on ct 5 of meas 2, step L quickly diag bkwd.

6/8

#### TRANSITION STEP

Change to a shoulder hold, face diag L of ctr, walk R, L, LOD (cts 1-6). Still moving LOD, walk R (ct 1-3); pivot on R ft to face diag R of ctr RLOD, touch ball of L ft beside R (cts 4-6).

3-4 Repeat action of meas 1-2 (Transition Step), reversing ftwork and direction, except on ct 4-6 (meas 4), step R beside L with wt.

II. FAST VARIATION

- 1 Face ctr, touch L heel with straight knee fwd, R knee is in a slight plie (cts 1-3); raise L knee in front about waist level, draw flexed L ft to inside of R knee (cts 4-6).
  - 2 Twist from waist, touch L heel with straight knee diag L (RLOD) (cts 1-3); step L across R with slight plie, R remains on floor and body mainly turns from waist (cts 4-6).
  - 3 L still in plie, touch R heel with straight knee diag R (LOD) (cts 1-3); pivot on L to face ctr, touch R heel with straight knee fwd (cts 4-6).
  - 4 With knees straight, dance 4 scissor steps in place, R, L, R, L, (cts 1-4). Raise R knee about waist level and bring R ft inward in a reverse bicycle peddling motion (cts 5-6).
  - 5 Hop on L, kick R ft fwd with straight knee (cts 1-2); dance 2 scissor steps in place, R, L, (cts 3-6).
  - 6 Raise R ft to inside of L calf, pivot on L to face diag RLOD, R knee pointing diag RLOD (cts 1-3); pivot on L to face diag LOD, R knee pointing diag LOD (cts 4-6). Shout "ooh" on ct 1; "Hah" on ct 4.
  - 7 Release shoulder hold, face and move LOD, step R, lower L arm a little, then raise it above head with palm facing away from ctr, R arm extends straight out to R side with palm up (cts 1-2); close L ft to R, arms remain same (cts 3-4); step R fwd LOD, arms remain same, (cts 5-6).
- Meas 7 is a two step in even timing. Cue: cha cha cha.
- 8 Step L across R diag LOD, the arms are at an interim point to sides, upper arms parallel to floor, elbows bent (cts 1-3). On ct 2, take shoulder hold. Ft together, jump on both ft with slight plie, face ctr (cts 5-6).

Repeat action of Fig II, meas 1-8 to end of dance.





Peasant Costumes of Taormina  
Sketched by Hilda Sachs

ROUMANIA  
Oltenia Region



From the 1967 Costume Calendar





Rancho Folclorico Portugal-Na California  
1978 Festival of the Oaks



Ballet Folclorico - Latino-Americano  
1978 Festival of the Oaks



# Easy Does It!

*by Dorothy Kvalnes*

Reprinted in LET'S DANCE  
Courtesy of Berkeley Folk Dancers

## DANCING FOOTWEAR

Here is a suggestion for making your dancing more enjoyable. Since a dancer's feet are of great importance, would it not be well to consider having suitable footwear for dancing sessions?

Watching from the sidelines at one of our big parties, I observed all kinds of inappropriate footwear hampering the movements of the dancers. To be assured of the most comfort and the best assistance in dancing, the dancer's shoes should have soft thin leather soles, with low heels and some support over the instep. Rubber soles are not appropriate because they stick to the floor, preventing free-flowing movement. (Rubber heels are all-right). Sandals are not good because they do not give the feet enough support, and there is danger of having the toes injured. Wedgies are not good because they throw the body posture out of balance, and do not allow the dancer to come up on the balls of the feet which is required in many styles of dancing. While high-heeled shoes are good for ballroom dance, they are certainly not appropriate for square or folk dance. You will see some Israeli dancers barefooted, but this is not recommended for general dancing because of possible injury to the feet.

There were many men dancing in thick-soled oxfords with stiff uppers, having difficulty sliding around while holding the body stiffly.

There are easily accessible sources of good footwear for dancing: 1) stores which sell dancer's supplies, 2) record shops which carry square and folk dance supplies. Look in the Yellow Pages, or ask your dancer friends. A third possibility is to invest in some custom-made dancer's boots. These are marvelous to dance in, and are usable with ethnic costumes such as Russian, Ukrainian, Hungarian, Czech, Polish and Roumanian. These boots may be obtained from a mail-order dancer's supply house in London.



The purist will tell you that boots are not good for Scottish Country Dancing, and that Scottish Gillies are not good for Russian and Hungarian dancing. A good all-around compromise for both men and women, is the oxford-type, thin-soled, rubber-heeled Capezio. This shoe is obtainable at all Capezio outlets, including some of the large store shoe departments, and the price is not prohibitive.

If you take the part of this advice which appeals to you, to have your feet properly clad for dancing, your feet will thank you!



## **NATIONAL FOLK DANCE FEDERATION OF JAPAN**

From the NATIONAL FOLK DANCE FEDERATION OF JAPAN, we have received an invitation for the Folk Dancers of California to join in their International Conference of Folk Dance Study. This conference will be held March 20 - 23 at the National Women's Education Center in Ranzan, Saitama, Japan. Theme for the conference will be "Folk Dance of the World for Children in the World." The sponsors of the event are the National Recreation Association of Japan and the National Folk Dance Federation of Japan.

From the flyer we received, it appears that the official languages for the conference will be English and Japanese and the principal speaker and teacher will be Miss June Rycroft, fellow of the Imperial Classical Ballet, National Dance, and Modern Dance Branches of the Imperial Society of Teachers of Dancing. Miss Rycroft, for many years teacher of children and students of modern and ballet dance, will be joined by other instructors from Asia and Japan.

Cost for the conference will be ¥20,000 (\$100 U.S.) for syllabus and lodging with meals excluded. For anyone interested in attending, you may contact:

Hiroyuki Ikema, Director, National Recreation Assn. of Japan

Masataka Nagatomo, General Secretary,  
National Folk Dance Federation of Japan

3-1 Kamizono-cho  
Yoyogi, Shibuya-ku, Tokyo, Japan  
Phone: Tokyo (460) 8706

# Armenia

---

Each of us has a legacy much deeper than we know. Few of us in the United States have family traditions that go back more than two or three generations, but behind that are centuries of history, that could tell us more about ourselves than we realize.

Within our cities and farming communities are people who have held on to their legacy through the years. These people have made a concerted effort to enhance their legacy to their children through family and community organizations.

From their parent organization in New York to the smallest community group, the Armenian community always presents a well organized front to the rest of the community. The Armenian community always seems to be a self-sufficient group. This stems from their desire to be supportive of their own people individually, which is reflected in all their community activities.

Today the Armenian General Benevolent Union of America, Inc., (AGBU), publishes a semi-monthly newsletter which shows the unity of the Armenian community and acts as the unifying agency for the entire Armenian community in America. Many of the local community groups also publish newsletters for their own information and the individual families work together in a warm and friendly atmosphere of love and cooperation.

The history of the Armenian people is a mosaic of wars, oppression, massacres, banishment and every other form of debilitating pressure conceivable. It is possible that the Armenian people have been the most oppressed in the history of the world to survive as a people and continue to flourish as identifiable communities.

Perhaps the single most unifying organization of the Armenian community over the years has been the Armenian Church, one of the "lesser" Eastern Orthodox churches and the oldest Christian national church. Armenian tradition shows the Apostles Thaddaeus and Bartholomew as the first to present the Gospel and were martyred there. Persecutions of the Christians in AD 110, 230 and 287 were followed by national conversion in AD 301.

The written Armenian language came into being in AD 404 with the creation of characters for the native language by Armenian Monk, St. Mesrop. This was the prelude to complete translation of the Greek Septuagint text of the Bible into the Armenian language in AD 434.

Armenian origins are lost in antiquity. The old Persian, Armina of Northeastern Asia Minor and Transcaucasia is now divided between Iran, Turkey and the USSR. Historically, Armenia is bound on the South by the Taurus Mountains, on the North by Albania, Georgia and the Caucasus Mountains, on the West by the upper Euphrates River and Armenia Minor (central Turkey) and



on the East by Azerbaijan. This is the land, but the people are now scattered throughout the world. The land is much like our own California Central Valley. There are hills and valleys and irrigated fields with fruit and nuts and all forms of grain and vegetable products, as well as cattle and sheep. This makes the rural Armenia feel much at home in Fresno, the "Little Armenia" of California.

The Armenian Civilization is probably the oldest in the western world. Cooperative agricultural efforts would be the key to this development. Irrigation systems, time to develop the arts, and ambition to provide the community spirit needed for a civilized existence, are all part of this early development. Cottage industry in the manufacturing of rugs, household utensils and farming tools, created the binding force to hold the communities together in commerce. Above all, a warm and friendly people, willing and able to help one another in their daily efforts, remains the key to the Armenian community.

Music and dance are an early and ongoing part of the Armenian tradition. The International Folk Dance movement has had only limited exposure to Armenian music and dance. The traditions of the separated sexes have led to a predominance of non-partner dances in the Armenian repertoire. Perhaps the best known of the Armenian couple dance forms is the courtship dance(s). Armenian dancing derives its origins from the Greek and Near Eastern cultures with a strong influence from the East Indian and Ukrainian or East European cultures. It must be remembered that Armenia is one of the "Melting Pot" nationalities having been overrun by the armies of all of Europe and Asia Minor from prehistoric times.



ANNOUNCING - - - - -

NIRKODA OF SAN FRANCISCO

Performance - Concert

A one hour program of Folk Dancing and Folk Singing featuring 12 dancers, and singing performances by Ardath Kirchner and Sandy Morey.

Date: February 3, 1979.

Time: 8:00 PM

Place: New Cafe Shalom, 3200 California St., San Francisco

General admission cost is \$3.00. \$2.50 for students and seniors.

Free refreshments and folk Dance party following the program.  
COME and ENJOY ! ! !



---

# Party Places

## North

---

### ALAMO

4th SAT, 8:00 PM, Alamo Women's Clubhouse. WALNUT WHIRLERS  
1401 Danville Blvd.

### BERKELEY

3rd FRI, 8:00 PM, John Hinkel Clubhouse San Diego Road  
BERKELEY FOLK DANCERS (Or to be announced)

### CONCORD

1st Sun, 1:00-4:30 PM Senior Citizen's Center John Baldwin  
Park, 2727 Parkside Drive. CONCORD FOLK DANCERS

### FRESNO

Sunday: 7:30 - 10:00 PM. Holmes Playground, (First St. and  
Huntington Ave.) POTLUCK: 7:30 First Sunday.  
CENTRAL VALLEY FOLK DANCERS

### MENLO PARK

Alt. 1st SAT, 8 PM, Redwood City Women's Club, Clinton St.,  
Redwood City, PALOMANIANS.

### MILL VALLEY

3rd SAT, 8:30 PM, Almonte Hall, HARDLY ABLES FOLK DANCE CLUB  
4th SAT, 8:30 PM, Almonte Hall, STEP-TOGETHERS.

### OAKLAND

4th TUES, 8:30 PM, Montclair School, 1757 Mountain Blvd.  
SQUARE STEPPERS

4th WED, 8:00 PM, John Swett School, 4551 Steel St., (couples  
only) SWING 'N CIRCLE FOLK DANCERS.

2nd FRI, of each even no'd month. 8:00 PM, Webster School,  
81st Ave. and Birch St. SEMINARY SWINGERS

5th THURSDAY, 8:00 PM, Hawthorne School, 1700 28th Avenue.  
OAKLAND FOLK DANCERS.

5th SAT, 8:00 PM, Frick Jr High School, 64th Ave. & Foothill,  
GREATER EAST BAY FOLK DANCE COUNCIL

### NAPA

3rd TUESDAY, Kennedy Park, NAPA VALLEY FOLK DANCERS  
Streblow Drive.

### PALO ALTO

1st SAT, 8:30 PM, Herbert Hoover School, 2850 Middlefield Rd.  
Palo Alto. BARRONADERS



---

## *Party Places - North*

---

- CONTINUED -

### PENINSULA

5th SAT, 8:00 PM, Various locations as announced - - - -  
PENINSULA FOLK DANCE COUNCIL.

### PETALUMA

2nd SAT, 8:00 PM, Old Adobe School, PETALUMA INTERNATIONAL  
FOLK DANCERS.

### REDWOOD CITY

2nd FRI, 8:00 PM, Veterans' Memorial Bldg. 1455 Madison Ave.  
REDWOOD CITY FOLK DANCERS.

4th SAT, 8:30 PM, Hoover School, Charter and Stanbaugh,  
DOCEY DOE FOLK DANCERS.

### RICHMOND

1st Sat, 8:00 PM. Dover School  
RICHMOND-SAN PABLO FOLK DANCERS.

### SACRAMENTO

1st SAT, 8 PM, Theodore Judah School, 39th & McKinley Blvd.,  
Alternating - CIRCLE SQUARES and LEFT FOOTERS.

2nd SAT, 8:00 PM, Marian Anderson Elem. Sch., 2850-49th St.  
Alternating PAIRS & SPARES and WHIRL-A-JIGS.

3rd SAT, 8 PM, Theodore Judah School, 39th & McKinley Blvd.,  
KALEIDOSCOPIES.

4th FRI, 8 PM, Fremont School, 24th & N Sts, FAMILY CIRCLE

4th SAT, 8 PM, Theodore Judah School, 39th & McKinley Blvd.,  
TRIPLE S FOLK DANCE CLUB.

### SAN FRANCISCO

1st SAT, 8:15 PM, 321 Taraval, Portalhurst Pres. Ch. FUN CLUB

1st SAT, 7:30 PM, Robert Louis Stevenson School, 35th and  
Quintara, ROYAL SCOTTISH COUNTRY DANCERS.

2nd SAT, 8:30 PM, St. John's High School, 4056 Mission St.  
CAYUGA TWIRLERS (Muni Bus #12 or #14)

3rd FRI, 8 PM, Temple Un Meth Ch. 1111 Junipero Serra- CHANGS

Last THURS, 333 Eucalyptus, YMCA, GATESWINGERS.

5th WED, 8:00 PM, 50 Scott St. SAN FRANCISCO MERRY MIXERS.

### SAN JOSE

2nd SAT, 8:00 PM, Hoover Jr. High School, Naglee at Park,  
SANTA CLARA VALLEY FOLK DANCERS.

### SAN LEANDRO

3rd SAT, 8 PM, Bancroft Jr HS, 1150 Bancroft, CIRCLE UP CLUB

---

## *Party Places - north*

---

- CONTINUED -

### SANTA ROSA

3rd SAT, 8:00 PM, Piner Elementary School, 2590 Piner Road  
SANTA ROSA FOLK DANCERS

### VALLEJO

4th FRI, 8:00 PM, Vallejo Community Center, 225 Amador St.  
SUNNYSIDE FOLK DANCERS

### VINEBURG

1st SAT, 8 PM, Schaal Hall, VALLEY OF THE MOON FOLK DANCERS

4th SAT, 8:00 PM, Schaal Hall, REDWOOD FOLK DANCERS

5th SAT, 8:00 PM, Schaal Hall, VINEBURG FOLK DANCERS

---

## *Party Places* South

---

### INGLEWOOD

3rd SAT, 8 PM, Rogers Park Auditorium, 400 West Beach St.,  
MORE THE MERRIER FOLK DANCERS.

### LONG BEACH

Last TUES, 8 PM, Marina Community Center, 151 Marina Drive,  
Seal Beach, SILVERADO FOLK DANCERS.

Last Thurs, 8 PM, Millikan HS Girls' Gym, 2800 Snowden,  
LONG BEACH CO-OP.

### LOS ANGELES

5th THURS, 8 PM, Emerson Jr HS Gym, Selby near Santa Monica  
Blvd., WESTWOOD CO-OP.

### OJAI

1st SAT, 8 PM, Ojai Community Art Center.

### PALOS VERDES ESTATES

Last Fri, 8 PM, Valmonte School, 3801 Via La Selva,  
SOUTH BAY FOLK DANCERS.

### SAN FERNANDO VALLEY

Last Fri. 8 PM, Canoga Park Elem School, WEST VALLEY FOLK  
DANCERS.

### SANTA BARBARA

Last SAT, Garfield School, SANTA BARBARA FOLK DANCE CLUB.

### WHITTIER

5th SAT, 8 PM, W. Whittier School, WHITTIER CO-OP F. D.

---

*Due to Proposition 13, there have been changes in school meeting places for classes and parties. It is impossible to check all of the listings before going to press, so it would be wise to call someone you know before you venture forth.*

---

- - - -editor - - - -



---

# Council Clips

---

## GREATER EAST BAY FOLK DANCE COUNCIL

The Greater East Bay Folk Dance Council is pleased to announce that due to the generosity of the City of Oakland, we will be able to have the February Festival, "Festival of the Oaks" without having to charge.

Richmond-San Pablo Folk Dancers have had a bad time because of Proposition 13. They have been meeting for class at the Richmond Senior Citizen's Center. The staff has been most cordial but it is not like having your own "place". Also, they had to change their meeting night to Tuesday. However, they have decided to move back to Dover School in Richmond and pay the going rate. They will also have their monthly party at the Dover School.

The Council recently sent an invitation to all dancers in the area to become Associate Members. The result has been most gratifying. In 1975, the Council had 13 member clubs and 17 Associate Members. At the present time, the GEBFDC has 16 member clubs and 35 Associate Members.

*Genevieve Pereira*

## SACRAMENTO COUNCIL OF FOLK DANCE CLUBS

Enthusiasm is building up fast as the Sacramento Council makes plans for the CAMELLIA FESTIVAL, March 10th and 11th, 1979. New ideas and new plans are being generated. We will have LIVE MUSIC on Sunday afternoon for at least 1 1/2 hours and possibly 2 hours. Have you ever folk danced to live music? I have not. Sounds Great! For the Kolo Fans, there will be an hour of Kolo dancing from 7:00-8:00 PM prior to the general folk dancing from 8:00 PM until midnight. Starting at 10:00 PM there will be more Kolo dancing in the little auditorium, until 2:00 AM.

The Sacramento Council's New Year's Dinner Dance was held Dec. 30th at Clunie Clubhouse to raise money for their treasury. It was a success and a good time was had by all.

We hope you have marked your calendar for every Saturday through February and are planning to attend the Teacher's Training program at Sacramento State University. DO NOT miss dancing with the local clubs each Saturday evening, to top off an educational and fun-filled day.

*Alice Needham*

## FRESNO FOLK DANCE COUNCIL

Many folk dancers participated in the surprise party given for Sara and Mace Magarian by their children the day after Christmas in Pickadilly Inn. The occasion was their Golden Wedding Anniversary, and while they knew they were being taken out to dinner, they thought that it was to be just a small family group.



When they walked through the door, to be faced by a 3-piece Armenian orchestra playing traditional tunes, and see behind them some 150 relatives and friends, it was overwhelming.

As usual, the Teeners were busy throughout the holidays dancing for Christmas parties, for clubs and lodges and various hospitals and rest homes. There was one unforgettable day when they did four programs. That they do a good job is confirmed by the fact that they already are signed up for several shows for next Christmas! They were treated to a roller skating party, and each received a service plaque in appreciation for the hours of dancing they have done in conjunction with the Teen Exchange.

Both Central Valleys and Square Rounders held New Year's parties, and both are ready now to settle down to the regular routine once more.

It is with sadness that we report the death of Walter Richardson, President of Central Valleys Folk Dancers, after a long illness. Our sympathies go to his family.

*Vera Jones*

#### SAN FRANCISCO COUNCIL OF FOLK DANCE CLUBS

Folk Dancers are invited to the Council's HAPPY HEART Warm Up Party Sunday, February 11, 1979, 50 Scott St., San Francisco Recreation Center, from 1:30-5:30 PM. There will be door prizes and an afternoon of Folk Dancing. Tickets must be bought before the Festival. Cost-\$1.50. Donations will be accepted in the hall, but they will not have a chance for the door prizes.

Congratulations and good wishes for happiness to Jim Wright and his bride, Florence Heldman, who were married in a lovely church ceremony December 23rd in Hayward. Ernie Drescher stood up with Jim and a number of folk dance friends were there.

Sympathy is extended to Bee Drescher, whose dear mother passed away in mid-December.

Changs parties offered special surprises; in November, Ivanka, a lively group of seniors from Napa did a Czech Beseda. They patterned their handmade costumes after the national costume. At the Christmas Party a special exhibition was presented featuring the renowned style of Irene and Vernon Castle whose style of ballroom dancing took the world by storm from 1915 to 1922, and appears to be on the way to new popularity. The wonderful collection of Changs International Dolls were on display for all to enjoy.

Those who attended the Fun Club's December Party enjoyed a group of young French Canadian dancers, Les Sortilege from Montreal, who visited them between their dates of dancing at various colleges. They performed an intricate series of clogging steps and patterns.

Coming up in February; Valentine Parties for the Fun Club on the 3rd, and for Changs on the 19th. Please NOTE: Cayuga Twirlers will NOT have parties in February and March only, as they cannot get the hall.

*Leonore Fifer*



---

# Echoes *from the* Southland

by Perle Bleadon

---

## LAGUNA FOLKDANCERS

The Laguna Folkdancers present their 8th annual Laguna Folk-dance Festival, February 9, 10, 11, 1979. A great weekend is planned beginning Friday evening with an Institute from 7:30 to 11:00 PM followed by an after party from 11:00-2:30 AM. Donation to each is to be \$2.00. On Saturday afternoon there is to be an Institute with Sunni Bloland and Bora Gajicki. Donation- \$2.50. The San Diego State University Folk Dance Committee's 20th Elizabeth Sanders Valentine Party will follow in the evening (Feb 10) at 7:30-11:30 PM. Donation-\$1.50. The Saturday after party will start at 11:30 PM and end at 3:00 AM. Donation-\$2.00. On Sunday, February 11th, there will be a Federation Council meeting followed by a brunch for the council members. The afternoon festival will be preceded by a Kolo Hour from 12:00-1:30 PM after which there will be a dance concert (exhibitions) from 1:30 to 3:00 PM. This will be followed by a dance party to 5:30 PM. Donation to the concert will be \$1.00. The location for most activities will be the Laguna High School Girl's Gym and the Legion Hall for Friday night and some after parties.

## WEST VALLEY FOLK DANCERS

The West Valley Folk Dancers' INTERNATIONAL HOLIDAY FESTIVAL was an outstanding success, teamwork being the secret ingredient. Committees for program, sound, exhibitions, decorations, security, clean-up, publicity, artwork, typography, and photography, all worked well together with only one meeting. Festival chairpersons Art and Donna Hurst organized the event and coordinated it with Pierce College. Harry Kues and Sally Martin were in charge of the Federation Council meeting arrangements. Already there is talk of perhaps having another one next year. Sheila Ruby was very pleased to hear about the success of the Festival, since it was Henry Ruby's idea that West Valley should present a festival.

## AMAN INSTITUTE 1979

The 1979 Aman Institute will be held Friday, February 2nd and Saturday the 3rd at the International Institute, 435 South Boyle Ave., Los Angeles. There are to be International dance and song workshops, evening dance parties with the Aman Orchestra and NAMA. There are to be Greek dances taught by Mary Coros, Balkan by Dick Crum; Appalachia, Jerry Duke; Yugoslavia by Graham Hempel. Hungary will be represented by Roo Lester, and Vickie Maheu will present dances of Ireland. Deanne Hendricks and Richard Rowland will lead the singing. Dance, song and folklore workshops, films, ethnic food and dancing to live music, all at

AMAN Institute '79, presented by members of AMAN and distinguished guests. For further information contact the AMAN office 5757 Wilshire Blvd., Suite 1B, Los Angeles, CA 90036. Phone (213) 936-7127.

#### IDYLLWILD PARTYTUTE

We all had an enjoyable afternoon at Eagle Rock Playground during the Annual Idyllwild Partytute. There was a good dance program and a Kolo Hour with John Filcich. Next thing coming up for this committee will be in May. We will give you the information as soon as possible. We hope to see all of you at the Idyllwild Folk Dance Workshop, June 22nd to June 29th at the Desert Sun School in Idyllwild. Chairman Vivian Woll has announced part of the staff which will include Ed and Carol Goller, Scandinavian; John Pappas, Greek; Glenn Weber, Polish. For information contact Vivian Woll, 7908-70 Rancho Fanita Drive, Santee, CA 92071.



"Reputation is what you are in the light;  
character is what you are in the dark."



## Folk Dance Record Shops

### San Francisco

#### FESTIVAL RECORDS

(Ed Kremers & John Filcich)

161 Turk Street

San Francisco, CA 94102

Phone: (415) 775-3434

### Los Angeles

#### FESTIVAL RECORDS

(John Filcich)

2769 W. Pico (Near Normandie)

Los Angeles, CA 90006

Phone: (213) 737-3500

### Oakland

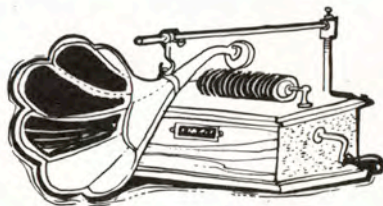
#### PHIL MARON'S FOLK SHOP

(Phil Maron)

1537 Clay Street

Oakland, CA 94612

Phone: (415) 893-7541





# Calendar of Events

FOLK DANCE FEDERATION OF CALIFORNIA, INC.

Carol Scholin, 931 Flint Ave., Concord, CA. 94518

FEB 3, Sat., SACRAMENTO Teacher Training Sacramento State campus, Women's Gym, 6000 "J" St., Sacramento. Registration 8:15-8:45 AM. ALL sessions 9:00-3:30 PM \$25.00 per person for 4 sessions. \$10.00 for 1 day.

FEB 4, Sun., NAPA "Sweetheart Festival" 1:30-5:30 PM International Folk Dancing. Napa Fairgrounds Pavilion, 575 Third St. Food available. Hosts: Napa Valley Folk Dancers and Women's Napa Valley Folk Dancers.

FEB 10, Sat., SACRAMENTO Teacher Training Sacramento State campus, Women's Gym, 6000 "J" St., Sacramento. All sessions 9:00-3:30 PM. \$10.00 per person for a one day session.

FEB 11, Sun., SAN FRANCISCO "Warmup Party" 50 Scott St., San Francisco. Dancing 1:30-5:30 PM. Hosts: San Francisco Folk Dance Council.

FEB 17, Sat., SACRAMENTO Teacher Training Sacramento State campus, Women's Gym, 6000 "J" St., Sacramento. All sessions 9:00-3:30 PM. \$10.00 per person for a one day session.

FEB 24, Sat., SACRAMENTO Teacher Training Sacramento State campus, Women's Gym, 6000 "J" St., Sacramento. All sessions 9:00-3:30 PM. \$10.00 per person for a one day session.

FEB 25, Sun., OAKLAND "Festival of the Oaks" Oakland Auditorium, 10th & Fallon Sts. Oakland-General dancing 1:30-5:00 PM. Kolo Hour 6:30-7:30 PM. General Dancing 7:30-9:00 PM. Hosts: Greater East Bay Folk Dance Council.

MAR 10-11, Sat-Sun., SACRAMENTO "Camellia Festival" Veterans' Memorial Building, 16th & J Streets. Sat: Institute, 1:30-4:30 PM. General Dancing 8:00-12:00 PM. Sun: Pageant, 1:30-3:00 PM. General Dancing 3:00-6:00 PM. NO Sunday evening dancing. Theme is "Hispanic Adventure" Hosts: Sacramento Council Of Folk Dance Clubs.

MAR 31, Sat., MILL VALLEY "President's Ball."

MAR 31, Sat., OAKLAND "5th Saturday Party"

FEBRUARY							MARCH						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	3					1	2
4	5	6	7	8	9	10	4	5	6	7	8	9	10
11	12	13	14	15	16	17	11	12	13	14	15	16	17
18	19	20	21	22	23	24	18	19	20	21	22	23	24
25	26	27	28				25	26	27	28	29	30	31



---

# Calendar of Events

---

FOLK DANCE FEDERATION OF CALIFORNIA, SOUTH

---

Alice Stirling, 647 W, Manor Dr., Chula Vista, CA 92010

---

FEB 9, 10, 11, Fri-Sat-Sun. "Festival" Hosted by Laguna Folk-dancers, Laguna High School Girls' Gym, Laguna Beach.  
Fri: Institute 7:30 PM. Feb. 9th. After Party 11:30 PM.  
Sat: Institute 1:30 PM. Feb. 10th. After Party 11:30 PM.  
Sun: Concert 1:30 PM. Festival 3:00 PM. Council 11:00 PM.

FEB 10, Sat. San Diego State University Folk Dance Conference  
Valentine Party. Laguna High School Girls' Gym, Laguna Beach.

MAR 10, Sat. "Festival" Hosts: China Lake Desert Dancers  
Burroughs High School, Ridgecrest.

MAR 31 - APR 1, Sat-Sun. "Festival" Santa Maria Folk Dancers  
Veterans' Memorial Hall, North Pine & West Tunnell Streets,  
Santa Maria, Saturday: 8:00 PM., Sunday: 1:30 PM

APR 21, Sat. Teacher Training Program, West Hollywood Park  
Auditorium, Los Angeles.

APR 29, Sun. Westwood Co-op "Festival" Culver City  
Memorial Auditorium, Culver City. 1:30 - 5:00 PM.

MAY 25 - 28, Fri-Sat-Sun-Mon. STATEWIDE SAN DIAGO

JUN 22 - 29, One Week Idyllwild Folk Dance Workshop

JUL 4, Wed., Folk Dance on the Slab, Lincoln Park, Santa Monica

AUG 10-12, San Diego State University Folk Dance Conference  
Teacher/Leader Weekend.

AUG 12-19, San Diego State University Folk Dance Conference

SEPT 15, San Diego State University Folk Dance Conference  
After Party.

---

For information concerning folk dance activities in southern  
California, contact the:

FOLK DANCE FEDERATION OF CALIFORNIA, SOUTH  
13250 Ida Avenue, Los Angeles, CA 90066  
TELEPHONE: (213) 398-9398

---



What matters the snows that we've known  
Or the drifts that above us were whirled?  
Contentment someday we shall own;  
Spring always comes back to the world.



Author unknown

---



ISRAEL YAKOVEE & SHLOMO BACHAR  
DANI DASSA

Announcing

"Dalia"

Memorial Day Weekend

Friday May/25-6-7-8/79

at

Camp Swig

Saratoga . San Francisco . Calif .

Israeli Dance

Institute

REGISTRATION FOR "DALIA" WEEKEND WORKSHOP

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

NUMBER OF PARTICIPANTS \_\_\_\_\_

AGE \_\_\_\_\_

SEX \_\_\_\_\_

KOSHER \_\_\_\_\_

PHONE ( ) \_\_\_\_\_

VEGETARIAN \_\_\_\_\_

FEE 100.00 Includes - sessions, room and board, three meals daily, snacks and access to facilities. A deposit of \$ 25.00 (none refundable) is required.



P.O. Box 3194 Van Nuys, Ca 91407.

---

# Classified Ads

(\$1.00 per issue for one (1) line)

---

DANCERS INTERNATIONALE - WELCOME! Bancroft Jr. High School,  
Estudillo & Bancroft Ave, San Leandro. Fridays 7:30-8:30 Beg.  
8:30-10:30 Int.-Adv. Millie & "Von" Instructors (415)828-5976

IRENE WEED SMITH - Ballroom Specialist, Choreographer. Tap,  
Ballet, Modern, Jazz, Hawaiian, Discotheque. Children and  
Adults, 5316 Fulton St., San Francisco, (415) 751-5468.

JOSETTA DANCERS meet at Josetta Dance Studio, 3280 El Camino,  
Santa Clara. Folkdancing, Wed. 7:30 PM; Latin - Ballroom,  
Mon. & Fri. 7:30 PM; Studio Party, Tues, 8:30 PM. Jo Buttitta

Lee Staggers, Sunset Travel Agency Air - Sea - Land  
Groups & Individual. Local & International. Let us  
arrange all your travel needs. Telephone: (415) 221-7046  
30 West Portal & 3634 Balboa, San Francisco, Calif. 94127

PIEDMONTERS FOLK DANCE CLASS Mon 8:00-10:00PM Beg/Int. Pied-  
mont School, 4314 Piedmont Ave. Oakland. Eve Landstra, Inst.

SWEDISH FOLK DANCE GROUP: Thursdays 7:30-10:00 PM LITTLE HOUSE  
(Patio Room), 800 Middle Avenue, Menlo Park, CA Exclusively  
Scandinavian. Kenneth Seeman, Instructor. (415) 327-3200.

---

LOS ANGELES

---

WESTWOOD CO-OP FOLK DANCERS meet Thursday nights, 7:30-10:30 PM  
Emerson Jr. High School, Selby near Santa Monica Blvd. W.L.A.

---

## FOLK DANCE FEDERATION OF CALIFORNIA, SOUTH **FOLK DANCE SCENE**

Lists Special Events, Items of Interest, Beginner  
Classes, Club Teaching Schedules, Festival Dates,  
Cafe Society, Display Advertising & Classifieds.  
11 issues: Price \$4.00 per year

Circulation and advertising:

13250 Ida Avenue

Los Angeles, CA 90066

For Southern California Folk Dance information  
(213 398-9398)



# FOLK DANCES

FROM

## NEAR and FAR

### International Folk Dance Series

NO-PARTNER DANCES

VOLUME D-2

Copyright 1954 by FOLK DANCE FEDERATION OF CALIFORNIA, INC.  
1275 "A" Street, San Francisco 94541

All  
ma

of this book  
orm without the  
che publisher.

AVAILABLE NOW  
AT YOUR FAVORITE RECORD SHOP

Dance Descriptions Prepared  
By The Research Committee  
of the

FOLK DANCE FEDERATION OF CALIFORNIA, INC.



LET'S DANCE IN ROMANIA  
TOUR

August 7 - 27, 1979



For Detailed Information  
Please write to:

Sunni Bloland  
2708-A Street  
Berkeley, California 94705

OCT 4  
SYLVIA EBIN  
2307 FOX HILLS DR -205  
LOS ANGELES CA 90064

## — Cakavan Through Turkey —

A unique and festive journey along the crossroads of civilization, tracing past to present through music and dance.

TWENTY-ONE DAYS - FLY KLM, Tourist: New York-Istanbul-New York

TWO DATES: MAY 29 - JUNE 18, 1979: \$1650.00

JUNE 19 - JULY 8, 1979: \$1775.00

Land Arrangements (i.e. Join group in Istanbul) \$1300.00

BORA OZKOK, your host, assisted by staff of dancers, musicians.

RESERVATIONS: \$150.00 deposit (not refundable  
after April 1, 1979. BALANCE DUE 45 DAYS  
PRIOR TO DEPARTURE.

Information on complete itinerary and Brochure  
BORA OZKOK - Phone (512) 836-0124



CHECKS-MONEY ORDERS PAYABLE TO:  
TURKISH TOURS, MUTUAL SAVINGS SPECIAL ACCT.  
205 WHITE OAK DRIVE  
AUSTIN, TEXAS 78753

Include: Name, Address, Phone, Sex,

Age-to help plan accomodations.