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- ON OUR COVER -
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4039 Mt. Veeder Road, Napa, California 94558.
Effective January 1, 1974, subscription rates will be $4 per year ($5 outside USA).
If you ask the man, woman or child in the street if he has ever seen Morris Dancers, the odds are probably better than evens that he has—if not in the flesh, at least on TV. One in every two will have a more or less clear picture of the team of men dancers wearing white shirts with colored ribbons, decorated hats on their heads and bells on their legs, brandishing sticks or handkerchiefs while dancing to pipe-and-tabor, fiddle or accordion. Twenty-five years ago this picture was far less familiar, and it would have been necessary to question, on average, perhaps twenty-five passers-by to find one who was aware of the survival of England's most famous ritual dance.

This marked change in popular awareness of the Morris is a measure of the strength of the new growth on an old stock and of the success of its adaptation to the contemporary scene.

The basis of this successful restoration of traditional Morris Dancing lies in its organization in Clubs, now numbering over 100, scattered through the length and breadth of England. The club conception of the Morris germinated during the 1920's. In 1934, six established clubs linked themselves to form an association, The Morris Ring, intended simply to provide a means of communication between the existing clubs and to encourage the formation of new ones. These early 'revival' Morris clubs derived their knowledge of the dances mainly from the work of Cecil Sharp, the folk song collector and founder of The English Folk Dance Society, who, having by chance witnessed an out-of-season performance by the Headington Quarry Morris Dancers at Christmas 1899, and having struck up a long-lasting friendship with their concertina player,
'Merry' Kimber, spent much of his holidays between 1907 and 1912 gathering details of the dances and tunes wherever he could find them. The results were published in the five volumes of "The Morris Book".

In June 1924 (as it happened, in the week of Cecil Sharp's death) the newly-formed Travelling Morrice Club revisited, as a dancing team, many of the Cotswold villages where Sharp had his greatest collecting successes, seeking out where possible his actual informants and other members of traditional Morris Sides. As a result of these visits, as well as through Sharp's published writings, and later through the examination of his manuscripts (bequeathed to Clare College, Cambridge) and earlier printed references, a very full picture of the Morris tradition of the Cotswolds was built up—a picture of village 'Sides' dancing at Whitsun'tide, each under its own distinctive colors. In the mid-nineteenth century, most of the villages in the area boasted a Side which customarily danced in the home village on Whit-Monday, and for the following week or fortnight went on tour in surrounding parts or occasionally further afield, even to London. Of the 80 or more Morris Sides active in the 1830's—the hey-day of the Cotswold Morris—a bare half-dozen survived into the twentieth century, and only one, Brampton in Oxfordshire, has maintained an uninterrupted tradition to the present day.

Thus the contemporary Morris Clubs, with their dancing tours & the occasional gatherings under the auspices of the Morris Ring, share much in common with the traditional practices of the Cotswolds.

But the Cotswolds are by no means the only part of England where Morris Dancing belongs. It has, in fact, been recorded from most of the counties between the Thames and a line from the Wash to Lancaster. The Whitsun Morris of the Cotswolds, which actually extended from Northamptonshire and Buckinghamshire in the east to the Forest of Dean in the west, represents a distinctive type with its six-handed set accompanied by the Fool or Clown, armed with cow's tail and pig's bladder, and the music provided by a single whittle-and-dub or fiddle.

Further north the character of the dance and the season of appearance changes. In the West Midlands (Herefordshire, Worcestershire and Shropshire) Morris Dancers appeared at Christmas, dancing with sticks, the dance often taking the form of a reel. At Lichfield, a remarkable town, Morris is associated with the annual Bower Procession, the dances here resembling more closely the Cotswold type, though for eight instead of six dancers.

In Cambridgeshire the Morris Dancers were usually known as Molly Dancers, appearing on Plough Monday at the end of the old agricultural Christmas holiday, got up with broad ribbon sashes, but not bells, & performing country dance figures to a fiddle or concertina in sets of four or more couples including a 'Lord' and 'Lady' more elaborately attired.

Further still to the north-west in Lancashire and Ceshire, we find the spectacular Clog Morris, possibly also derived from Molly Dancing, but long attached to the Rush-bearing Processions of
late summer. These dances developed a style of their own through the use of wooden clogs and performance in urban streets, the music often being provided by a band of three or four concertinas. With their elaborate costume and headgear and the loud clatter of the clogs, they provide an impressive and thrilling display. The Clog Morris, together with the Lichfield dances, have in fact received a new lease of life through some hard recovery work by members of Morris Clubs in these areas who were moved to investigate their own local dance traditions.

The early history of the English Morris—so often the subject of questions by onlookers—is a topic of much speculation, but virtually no detailed knowledge. Literary references, numerous but imprecise throughout the sixteenth and seventeenth centuries, refer to Morris Dancers in connection with pageants and May-games (Robin Hood was a favorite subject) or, alternatively, as falling foul of the law by dancing on Sundays or for some other misdemeanor. References are fewer in the fifteenth century, and it is then that the expression 'Morris (or Morrice) Dance' first appears. It does not follow, however, that the dance itself suddenly arose or (as was at one time thought) came in from Spain at this period. There are indeed remarkable similarities between the Cotswold Morris Dances and some Basque dances, but comparison with the other main group of English ritual dances (the Sword Dances of the north) and with men's ceremonial dances all over Europe, indicates without doubt that the English Morris is one of many local expressions of a magico-religious ritual concerned with the guaranteeing of the seasonal cycle on which all life depends.

Today, although we are hardly less depending on the seasonal cycle, and although there is plenty of evidence that the scientific era has failed to explode belief in the efficacy of magico-religious ritual (how many of us have never crossed our fingers to ward off ill-luck or turned our money over at the new moon?), still Morris Dancers on the whole dance for other motives. They often start it for the exercise, frequently stick to it for the enjoyment, and ultimately many of them fall under the spell of its quite extraordinary fascination—its self a kind of magic!

(Reprinted from a book produced in 1971 by the English Folk Dance and Song Society, with permission of the author, Dr. Russell Wortley, who lives near Ely, in Cambs, Great Britain.)

"A jig should be clapt at, and every rhyme Praised and applauded by a clamorous chime."

John Fletcher (1579-1625) in the Prologue to the Fair Maid of the Inn.
The English Smock

by Miki Byrns

A smock is a loose, dresslike garment; the English smock is a very special example of this. It was worn for daily use, in many counties as late as fifty years ago. It is made in a most ancient way and is strong and flexible, remaining essentially unchanged for decades.

Hemp, flax or homespun is the cloth it is made of, both for durability and for the proper appearance of the smocking. However, other fabrics might be substituted.

If the smock is to be decorated, this should be done before assembling the garment. The yoke, the collar, and the ungathered panel on each side of the front smocking is decorated, usually in white, using only herringbone or chain stitch. The smocking is decorated after gathering.

To make the smock, 3½ yards of 45" wide material is sufficient. One yard will be the front, one the back, and the third will be used for the two sleeves, cuffs, collar, gussets, and yoke (Fig. 1).

Cut the front and back panels. The width of each piece will be 36", & the body-length will be 45". On one selvage edge of each panel, place two pins, each one 6" in from the corner (Fig. 2). Slit one panel down the center for 9-10" and sew in a facing.

The third panel, measuring 45" x 54", will provide the two sleeves, 22" wide and 27" long; two cuffs, 3" wide to make 1½" folded cuffs, length to be determined by the
size of the wrist; collar, 8" wide to make a folded collar, length determined by the size of the neck opening needed; two shoulder panels (yoke) 6" wide, the length determined by the measurement from the base of the neck to the point of the shoulder; and two gussets, each 3" square (Fig. 3). REMEMBER to add 1" for seam allowances on all the smaller pieces.

Gathering the large panels: on each panel, between the pins, mark a horizontal row of dots at ½" intervals. Continue making rows of dots, ½" between rows, to a depth of 9-10" (Fig. 2). Be very careful that the dots are placed directly under each other, and that the vertical columns of dots are, as much as possible, on the straight grain of the cloth.

Thread a needle with heavy thread, double it and knot it. Insert the needle from underneath at the first dot; use a running stitch at each dot across each horizontal row. Cut the thread off & let the loose ends dangle. When each row has been done, carefully draw up all the threads, gathering the width of fabric as evenly and as snugly as possible. Tie the loose ends on the wrong side of the cloth. The gathers should look like tiny tubes, all on the outside of the garment.

Matching edges at the shoulder, attach the yoke to the front and back panels. Gather the sleeve at the shoulder, if desired, center it on the edge of the yoke, and sew down. Use five or six rows of gathers to smock the cuff end of the sleeve; gather it to fit the wrist. Sew in the gussets under each arm, and the entire side can then be stitched from wrist to hem. Sew the cuff around the bottom of the sleeve; turn under and hem. Folk the collar, right sides together, and stitch the ends; turn right-side-out. Attach the collar to the neckline; fasten the neck with a button and loop. Hem as desired. For a long time, the smock was worn well below the knee.

The Birth of SANTA CLAUS

It so happens that the legend of St. Nicholas is based on historical fact. He lived, to be exact, from 271 AD to December 6, 342 or 343. His fourth-century tomb in the town of Myra, Asia Minor, has only recently been dug up by archaeologists. Born of a wealthy family, Nicholas was brought up as a devout Christian. When his parents died in an epidemic, he distributed his fortune among the poor and entered the priesthood. Later he became Arch-
bishop of Myra, a town not far from his home, and it is from here that the fame of his good deeds and saintly ways began to spread across the Mediterranean.

He must have been an extraordinary man, for no sooner had he been buried than the line between fact and fantasy blurred, and a fabulous series of legends and miracles sprang into being. The Good Bishop of Myra becalmed the stormy seas when desperate sailors invoked his name; prison walls crumbled as soon as victims of persecution prayed to him. He saved small children from the butcher's knife & dropped dowries into the shoes of penniless maidens. In due course, Saint Nicholas became the patron saint of sailors and merchants and especially of children. After Myra had fallen to the Mohammedans, sailors carried the precious bones of their patron to Bari, a port in southern Italy. They built a mausoleum over his grave, which became the center of the St. Nicholas worship. From Bari the cult spread rapidly to coastal towns along the Atlantic and the North Sea. In the 12th and 13th centuries, Holland built no fewer than twenty-three St. Nicholas Churches, many of which are still partially standing. Amsterdam, along with other European towns, adopted St. Nicholas as its patron saint, & Rome decreed that December 6th, the anniversary of his death, be his official Calendar Day.

Through the years his name, corrupted to Sinterklaas, became a household word, his festival a nationwide event, & his image the popular symbol of a stern yet benevolent moralist. In due time, Sinterklaas came accompanied by his Moorish servant Piet (Pete), a grinning fellow with a birch rod, whose sack full of goodies, when emptied, is large enough to carry away any naughty children.

By the 17th century, the Feast of Sinterklaas was so firmly established that famous Dutch painters and writers were inspired by it, and there are countless folksongs on the subject. It was at this time, too, that the Dutch settled in the New World, where they introduced their venerable Sinterklaas, and his image later merged with that of jolly Father Christmas of British fame, who was feted in the same month. Since that time, and aided and abetted by other ethnic influences, the American Santa Claus has developed strictly on his own to the point where he is now stationed on the North Pole and drives a team of reindeer. All that remains of his Dutch phase is his name: Santa Claus is a direct derivation of Sinterklaas.

*** SINTERKLAAS EVE ***

All Dutch children know that Sinterklaas lives in Spain, where he spends most of the year recording the behavior of all children in a big red book, while Piet stocks up on presents for next December 5th. After mid-November Sinterklaas mounts his milk-white steed, Piet swings the sack full of gifts over his shoulder, and the three board a steamship for Amsterdam harbor and a formal welcome by the Mayor and a delegation of citizens. A fabulous parade through town marks the beginning of the St. Nicholas season.
From now on, time and space merge, as the old bishop and his helpmate are everywhere at once. At night they ride across Holland's rooftops. While Sinterklaas listens through the chimneys to check the children's behavior, Piet sees to it that the hay or carrot, left for the horse in each little shoe by the fireplace, is exchanged for a small gift or some candy. In daytime they are even busier, what with visiting all the classrooms and hospitals.

But if they are busy in the days before Sinterklaas Eve, so are the Dutch. Shopping is the least of it, for a Sinterklaas present is not at all like a Christmas present three weeks early. Dutch tradition demands that all packages be camouflaged in some imaginative way, and that each gift be accompanied by a fitting poem. Recipients must be willing to follow a trail of directions all over the house to look for them; they must be prepared to dig them out of the potato bin, to find them hidden in a jello pudding, in a glove filled with wet sand, in some crazy dummy or doll. They have to work for their presents, and the givers have to work even harder to think them up and to get them ready. But this is the essence of Sinterklaas: sheer, unadulterated fun on the one day when plain kidding is not only permitted, but expected, without the slightest regard for differences in age and social status.

After supper on Sinterklaas Eve, the Dutch are at home, seated around a table laden with all the traditional sweets and bakery goods. Large chocolate initials serve as place settings along with the so-called 'lovers', tall men and women of speculaas, a crisp and dark-brown pastry rather like gingerbread. A basket filled with mysterious packages stands close by, and scissors are at hand. Gifts are unwrapped and poems are read one at a time, so that all may enjoy the originality of the surprise. It is a very merry and refreshing feast!

(Reprinted with permission of the Netherlands Information Service from the booklet, "Santa Claus the Dutch Way", published & printed by Albani, The Hague, Holland.)

Holiday Greetings and Warmest Wishes for the New Year

from DOLLY BARNES,
President of the Folk Dance Federation of California, Inc.
The word *speculaas* is a corruption of the Latin *speculum*—mirror. The dough is pressed into those carved wooden molds that are now fashionable for wall decoration. When turned out onto a cookie sheet, the carved picture appears as its obverse or mirrored image—hence the name. In the *Sinterklaas* season, *speculaas* is available as 2/3" cookies or as tall and thick men and women of up to 1 pound, known as 'lovers'. Lacking a *speculaas* mold, home bakers may roll out the dough to any desired thickness and use a gingerbreadman cutter, a floured *springerle* board, a patterned rolling pin, or cut out shapes with a sharp knife or cookie cutter.

1/3 cup dark brown sugar, packed
1 tbsp. milk
1 cup sifted flour
1/2 tsp. each powdered cloves, cinnamon
1/4 tsp. each nutmeg, powdered ginger
1 pinch each salt, baking powder
1 tbsp. each chopped blanched almonds, minced candied fruit
5 tbsp. butter
Large slivers of blanched almonds for decoration.

Dissolve brown sugar in the milk; add flour, spices, fruit, salt, and baking powder; cut in the butter. Knead dough until soft and pliable and no longer sticky. Cool for easier handling. Dust wooden *speculaas* mold with cornstarch, covering every bit of the carving. Firmly press the dough into the mold, then run a sharp knife along the edges of the design; cut-off dough may be reused. Gently lift out dough or tap it onto a greased cookie sheet. Press large almond slivers wherever they fit into the design. Bake thin *speculaas* cookies 15 minutes in a 350° oven; bake thick (up to 3/4" 'lovers') 45-60 minutes in a 300° oven. Remove from sheet and allow to cool and crisp on a rack.
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AMAN ENSEMBLE (for those who receive this issue in time) will be in concert in the Memorial Aud. on the Stanford campus—Friday, NOVEMBER 30th, 8 PM. Tickets at the door are $2.75 to $4.75; students can get in for $2.

SAN FRANCISCO GOURMET FAIRE and FESTIVAL OF WINE will be in the SF Civic Auditorium, Nov 29-30, 1-10 PM; and Dec 1-2, 11 AM - 10 PM. WESTWIND ENSEMBLE, directed by Neal Sandler, will perform! Epicurean displays of food, drink, & culinary wares. Tickets are $2.75 at the door.

IVOLOLARIBAR STATE DANCERS OF YUGOSLAVIA will dance in Zellerbach Auditorium on the Berkeley campus, Wed & Thurs, Dec 5th & 6th, at 8 PM. Tickets are from $2.50 - $4.50; students are from $1.50 to $3.50. A Mel Howard production.

KHADRA ENSEMBLE, directed by Graham Hempel, will appear on KTVU Channel 2, "Mi Casa Tu Casa", Saturday, Dec. 1, at 9 AM. Also, Khadra will be in concert Thursday, Friday, & Saturday, December 13-15, at San Jose State University, Rm. 262 of the Women's PE Bldg, at 8 PM (plus a 2 PM Saturday matinee). This is part of the Faculty Dance Concert, featuring jazz, modern, & ballet, as well as ethnic dance. Nominal charge.

KPFA BENEFIT for ASHKENAZ, Saturday, December 8th, 7:30-9:30 PM, will broadcast live (94.1 FM radio) the performances of six (6) Bay Area groups: WESTWIND ENSEMBLE, Bulgarian & American Suites; KHADRA ENSEMBLE, Caucasian Suite; PEOPLE'S INTERNATIONAL SILVER STRING BAND, Balkan music; HERFORD HEART STRINGS, fiddling American music; ZAGARIT, Near Eastern dancing; and a FOLK PLAY! Tickets for all performances and afterwards a Dance Party are only $1.50. A catered dinner will be offered between 6-7:30 PM. Ashkenaz is at 1317 San Pablo Avenue, Berkeley. Tel. 525-9830.

NEW YEAR'S EVE PARTY, sponsored by the Greater East Bay Folk Dance Council, will be Monday, Dec 31st, 9 PM - 1 AM, Frick Jr HS, 64th & Foothill, Oakland. This first annual event will feature a Midnight Buffet, catered by Lucca, and party favors galore! Tickets are $4 for singles, $7.50 for couples, and will be on sale at all East Bay clubs or from PHYLLIS OLSON, 14131 Via Pasatiempo, San Lorenzo, 94580. Reservations due December 27th!

NEW YEAR'S EVE at ASHKENAZ, dancing, gaiety, and live entertainment, will benefit the Center for Independent Living, a Berkeley organization for handicapped persons. Monday, Dec 31st, early til very late!
WALNUT WHIRLERS of Alamo will also have a New Year's Party instead of their regular 4th Saturday Party. December 31st, at the Alamo Women's Club, 8:30 PM.

ISRAELI FOLK DANCE INSTITUTE will have its First Reunion, Jan 12th, 1974, at Commodore Sloat School in San Francisco. DAVID PALETZ will present a comprehensive workshop of current Israeli dances!

DOCEY DOE CLUB has canceled its 4th Saturday Party on Jan 26, 1974, in favor of the San Jose Festival that weekend.

STATEWIDE '74 plans are bubbling merrily in the pot! Send your suggestions to the Chairman, ELMER RIBA, Box 555, Pinegrove, CA 95665. San Jose, here we come, for the Dancers' Carrousel!

TOM KRUSKAL, who taught English Country Dance at Stockton this summer, reports that the San Francisco Center of the Country Dance Society, for which he teaches, now meets every second Wednesday in St. Clement's Episcopal Church, Claremont & Russell Streets, in Berkeley. Dancing starts at 8 PM.

SUBSCRIPTION PRICE INCREASE: It had to come; LET'S DANCE will be $4 per year ($5 outside USA) beginning January 1, 1974. Obviously, there is still time to renew your subscription, or to begin a new subscription, before the increase goes into effect! Write to 1095 Market Street, Rm 213, SF 94103.

SCHOLARSHIPS to Folk Dance Camps will not be offered by the Folk Dance Federation of California, Inc. this year. However, scholarships are available from the following Councils:

REDWOOD COUNCIL - "The Bernice Schram Award". One tuition scholarship per year is granted, with the selection by the Federation Scholarship Committee under the existing rules and regulations. Contact: Petaluma Intl Folk Dancers, PO Box 2093, Petaluma, California 94952.

MARIN DANCE COUNCIL - offers a $75 scholarship for one person, or a $150 scholarship for a couple, for any camp of their choice; based on merit and need. Contact: Day Drexler, 24 Hill St, Mill Valley, California 94941.

SACRAMENTO COUNCIL - two scholarships are available to active members of the Sacramento Council of Folk Dance Clubs. One covers tuition only; the other offers a full scholarship to a young person of special qualifications and exceptional ability. Since 1958, 24 persons have received Sacramento Council Scholarships. Contact: Manuel Castaneda, 3911 Winding Creek Rd, Sacramento, California 95825.

The Scholarship Evaluation Committee is studying the entire Federation Scholarship Program and will have detailed information within the next few months for future applicants.
As teachers, dancers, and enthusiastic members of the Folk Dance Federation, we of the Institute Committee are delighted to see LET'S DANCE work as an instrument for the airing of views and the exchange of ideas. Without such inter-communication, progress and growth in any organization or area of endeavor cannot be made.

In the past several issues, readers have presented many ideas, many comments, criticisms, and recommendations concerning Institute programs. The Institute Committee welcomes and values your suggestions, made after much careful and constructive thought.

We are aware of our limitations, both physical and financial, and we know problems in these areas need to be worked out before achieving more ideal conditions at our Teachers' Institutes. We also realize that the physical and financial problems are intertwined and must be considered jointly.

To begin with, we try to hold our events in a hall adequate for the number of people anticipated. The past few Institutes, however, have been overcrowded, due, we believe, to excellent teachers, fine dances, and good publicity. We are happy about this, of course, for it shows enthusiasm for our program. Nevertheless, overcrowding does limit teaching and learning efficiency. Perhaps we can overcome this by holding more Institutes, at selected locations, through cooperative planning and presentation with each dance Council.

At times our audio equipment has been less than desirable. There is no doubt that a teacher who can clearly project his instructions to everyone in the hall via a mobile microphone "set-up" conducts a more efficient and enjoyable session. At the present time, however, we can't afford such equipment. One step towards a solution might be to set aside some of the profits from our events toward improving our audio systems.

There is not much doubt that our teachers are underpaid. The real problem here is to balance the value of the joy of teaching folk dancing with the financial rewards. For most of our teachers, the real reward is not financial, but rather the happiness and smiles on the dancers' faces when they learn something new that they enjoy, or finally master a step they have been trying so hard to learn. Most of us teach because of our love and devotion to this incomparable, ethnic oriented art form. We give of ourselves because Folk Dancing has given so much to us—friendship, fun, relaxation and recreation. For us, the most important reward is to share this wonderful experience with others.

However, there are other teachers to consider. These are the teachers who are devoting their lives and their financial futures to ethnic dance. They travel abroad to many countries, finding their way into remote villages where they learn dances, collect music and songs and other items of ethnic culture. Without their efforts, much that we value highly, and that adds to our dancing
enjoyment, would be unavailable to us. It seems logical and fair that when these teachers and researchers bring their dances and music to us, we reward them financially in a manner more in keeping with their efforts. A possible solution would be to pay them a specified minimum fee, plus a percentage of the profits.

In the final analysis, we believe that priority to Program, rather than to Financial Solvency, is the key to progress in any endeavor. The past years have seen a gradual shrinking of the Folk Dance Movement; let us reverse this trend by enriching our program, challenging our dancers, giving them new mountains to climb and interesting paths to follow. A tired, unresponsive and uninteresting program will bring further recession, perhaps demise, of our wonderful Folk Dance Movement as surely as financial insolvency.

Your Institute Committee wants to see our Folk Dance Federation flourish and grow. Write your ideas, thoughts and wishes to "The Hot-Line". In we work together, we can accomplish what we all want--more and better Folk Dancing!

The Institute Committee
Bill Landstra, Ch.

Dear Hotline:

We would like to see "Schuplattler Laendler" and "Dela Mazurka"
on the (Institute) list!

Phyllis and Ray Olson
San Lorenzo

San Jose Institute

The Institute Committee is very pleased to present some very fine teachers for the first Institute of 1974! Saturday, January 26th, is the date; San Jose is the place!

NED & MARION GAULT will teach two new Hungarian dances which ANDOR CZOMPO introduced at the recent Carmel Teacher's Institute. "Michael's Csardas" is an advanced dance, dedicated by Andor to Michael Herman of New York. "Somogyi Karikazo" is on the intermediate level, with the women dancing in an inner circle and the men dancing around the outside. Both of these exciting dances have excellent music, which will be available at the Institute.

TOM KRUSKAL, an outstanding teacher of English dances, will teach three dances, all of which he introduced at Stockton Folk Dance Camp this past summer. "Hole in the Wall" is a beginning dance done in contra lines (only those who went to the Afterparties got this!). "Prince William" is a more advanced dance and is described on page 18 of this issue. "Pins & Needles" is a very interesting intermediate level dance, to round out the program.

Be sure to save this date and add these dances to your repertoire! Look for final details in the January Issue of LET'S DANCE.
Prince William is an old English dance published in Walshe's "Compleat Country Dancing Master" in 1731. It was introduced by Tom Kruskal at the 1973 University of Pacific Folk Dance Camp.

MUSIC: Record: Festival FR 3608 2/4 meter.

FORMATION: Three couple longways: sets of three couples, partners facing, M with L shoulders twd music.

STEPS: Walk *

STYLING: The walk as orig done in England and as done today in the United States is a smooth walk with the weight well forward over the toes with arms hanging naturally at the sides. The walk as done today in England, particularly in the northern part of the country, is a sprightly walk with the carriage erect, weight held evenly over the feet and arms swinging and knees bending as desired.

PATTERN: Hey (8 meas to complete): A pattern for three dancers each of whom is active and describes a figure of eight, consisting of 2 loops, one loop made CW and the other CCW. M 1 dances the Hey with W 2 and W 3 on the W side of the set by crossing over and passing W 3 by R shoulder as she faces up the set and dances in twd ctr. W 2 faces up and dances out and twd top of set to make CCW loop, while M 1 and W 3 pass R shoulders. M 1 loops CW and begins to follow W 3. The 2 W pass by L shoulders and W 2 follows path of M 1, while W 3 loops CCW at top of set and begins to follow W 2. Pattern is danced until each dancer has made both loops of figure of eight and has returned to orig pos. W 1 dances the Hey with M 2 and M 3, but begins by passing L shoulder with M 3 and loops CCW. The 2 M dance mirror image of W action in previous description of Hey.

* Described in volumes of Folk Dances from Near and Far, published by Folk Dance Federation of California, Inc., San Francisco, CA 94103.

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**MUSIC 2/4**

**PATTERN**

<table>
<thead>
<tr>
<th>Measures</th>
<th>INTRODUCTION - Acknowledge ptr.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A</strong></td>
<td>HEY</td>
</tr>
<tr>
<td>1-8</td>
<td>Cpl 1 cross over to opp line, W passing in front of ptr, and dance Hey, M 1 with W 2 and 3, W 1 with M 2 and 3.</td>
</tr>
<tr>
<td>9-16</td>
<td>Cpl 1 cross over to opp line, W passing in front of ptr, and dance Hey in own line.</td>
</tr>
<tr>
<td><strong>B</strong></td>
<td>CROSS AND TURN</td>
</tr>
<tr>
<td>1-8</td>
<td>Cpl 1 walk fwd, passing R shoulders, to outside of opp line and down to pos of cpl 2, while cpl 2 moves up to pos 1. Cpl 1 join both hands and turn CW ½ times to end in pos 2 on own side.</td>
</tr>
<tr>
<td>9-16</td>
<td>Cpl 2, from cpl 1 pos, repeat action of meas 1-8 (Fig II) as described for cpl 1. Cpl 1 move up to pos as described for cpl 2.</td>
</tr>
<tr>
<td><strong>A</strong></td>
<td>HAND TURNS</td>
</tr>
<tr>
<td>1-8</td>
<td>M 1, passing in front of ptr, turn W 3 (first corner) by R hand once around using handshake hold at shoulder height. Simultaneously, W 1 turn M 2 (first corner) once by R hand, M 2 ending in pos 1. Cpl 1 turn once by L hand in ctr.</td>
</tr>
<tr>
<td>9-16</td>
<td>Cpl 1 turn other corner by R hand, W 2 ending in pos 1, and turn ptr by L hand ending facing W line between W 2 and W 3 with W to R of M.</td>
</tr>
<tr>
<td><strong>B</strong></td>
<td>SPLIT LINES</td>
</tr>
<tr>
<td>1-8</td>
<td>Cpl 1 lead between W 2 and 3, M turn L around W 2, and W turn R around W 3. Cpl 1 meet and turn CW ½ turns with both hands to end facing M line between 2 M, with W to R of M.</td>
</tr>
<tr>
<td>9-16</td>
<td>Cpl 1 dance same pattern with 2 M, except on 2 hand turn cpl 1 move to pos 3 while cpl 3 move to pos 2. Orig cpl 2, then orig cpl 3, repeat dance from pos 1. Acknowledge ptr at final chord.</td>
</tr>
</tbody>
</table>
FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE:
Mary Wyckoff, Bruce Wyckoff, Zora-Mae Torburn
December 1973

Nonesuch
(England)

Nonesuch is a dance from the Playford Dancing Master, seventeenth century. It was introduced by Tom Kruskal at the 1973 University of Pacific Folk Dance Camp.

MUSIC:
Recordings: Express FR 3609 B 2/4 meter
Westwind International WI 3330 B, band 1, 2/4 meter.

FORMATION:
Four cpls in a longways set, numbered 1 to 4 from top of set, partners facing, M with L shoulder to head of hall. All cpls give ptrs R hands and face up the set to begin the dance.

STEPS AND STYLING:
Walk - very springy step, almost a run.

Slip Step: Step L ft to L side (ct 1), close R to L (ct &) - 2 steps per meas.
To move to R reverse ftwork.

PATTERNS:
A Double: Four even running steps in a specified direction, step, step, step, close.
Set: Leap R onto R ft (ct 1), touch L toe beside R transferring weight lightly (ct &), step R in place (ct 2), hold (ct &). Repeat of step begins L. Steps are even with no exaggeration.

Turn Single: CW turn in place by individual dancer with 4 even steps.

Arming: Ptrs hook R elbows and turn once CW (8 cts). Repeat with L arms; turn CCW.

Sidding: Exchange places with ptr with 4 steps (4 cts), travel in CCW arc, pass L shoulders, keep eye contact with ptr. Retrace steps, travel in CW arc, pass R shoulders.

All step patterns may begin on either ft except as noted.

* Described in volumes of Folk Dances from Near and Far, published by Folk Dance Federation of California, Inc., San Francisco, CA 94103.

MUSIC 2/4 PATTERN

<table>
<thead>
<tr>
<th>Measures</th>
<th>Chord</th>
<th>Introdution</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-4</td>
<td></td>
<td>All cpls fwd A Double and back A Double.</td>
</tr>
<tr>
<td>5-8</td>
<td></td>
<td>Repeat action of meas 1-4 (Fig I).</td>
</tr>
<tr>
<td>9-10</td>
<td></td>
<td>All cpls drop hands and face, Set R and L to ptr.</td>
</tr>
<tr>
<td>11-16</td>
<td></td>
<td>Everyone Turn Single.</td>
</tr>
<tr>
<td>13-16</td>
<td></td>
<td>Repeat action of meas 9-12 (Fig I).</td>
</tr>
</tbody>
</table>

II PROGRESSION

Note: This Fig is danced as though it were a progressive longways set: Cpl 1 starts Fig with cpl 2. Cpl 1 continues down the set and cpl 2 begins as soon as there is a cpl below them to dance with. This progression continues until the orig cpl 4 reaches the top of the set. This cpl is the only cpl not to dance the cpl 1 part in this Fig. Orig numbers are in sets as follows at the end of Fig: 4, 3, 1, 2.

1 Cpl 1 leap twd each other, landing on both ft.
2 Taking 2 hands, dance 2 Slip Steps (M begin R, W L) down ctr below cpl 2.
3-4 Cpl turn away from ptr (M R, W L) and with 5 steps make 3/4 turn to face cpl 2. Cpl 2 turn 1/4 to face cpl 1. Take both hands, M with M, W with W.
5-8 Cpl 1 Poussette with cpl 2: Cpl 1 dance diag fwd out of set A Double, cpl 2 dance bkwd A Double. Reverse direction, cpl 1 dance bkwd A Double, cpl 2 dance fwd A Double, opening out into a line on last 2 steps, cpl 1 below cpl 2, inside hands joined.
9-10 Cpls 1 and 2 fall back A Double.
11-12 Cpls 1 and 2 dance fwd A Double.
13-16 Ptrs take 2 hands across set (cpls 1 and 2), turn CW one full turn and fall back into line with 8 steps.
17-80 Repeat action of meas 1-16 (Fig II) 4 more times.

(continued over)
III  SIDING, ARMING, AND SLIPPING

1-2  Everyone Side half way with ptr, 4 steps.
3-4  Everyone Turn Single.
5-6  Everyone complete Siding, returning to orig pos with 4 steps.
7-8  Everyone Turn Single.
9-16 At beginning of each meas each person, in turn, M 1, W 1, M 2, W 2, etc., leap into ctr
     landing on both ft, to form a single line, facing ptr, M facing down, W facing up. **
17-20 All cpls Arm R with ptr.
21-24 All cpls Arm L with ptr, to finish in single line, ptrs facing.
25-26 Everyone dance 4 Slip Steps to own L.
27-30 Everyone dance 8 Slip Steps to own R, passing ptr face to face.
31-32 Everyone dance 4 Slip Steps to own L, ending in line in ctr of set.
33-40 Everyone in turn leap bkwd out of ctr into orig place, M 1, W 1, M 2, W 2, etc. **

**  Note: Begin leap so as to land in place on first ct (downbeat) of meas.

IV  RIGHTS AND LEFTS

Cpl 1 face across set; cpls 2, 3, 4, face up the set to begin; cpl 1 initiates action.
Each cpl begins and ends at a different time. Fig resembles a grand right and left,
set opens out into a neat oval during action.

1-16 Cpl 1 pass ptr giving R hands. Cpl 1 pass cpl 2 with L hands. Cpl 1 pass cpl 3 with
R hands while cpl 2 pass each other with R hands. Cpl 1 pass cpl 4 with L hands while
cpl 2 pass cpl 3 with L hands. Each person continues in direction started, alternating
hands, going around circle once and back to place. At end cpl 4 give R hands to each
other and turn once and a half to place.
There appeared, in the August/September '73 issue of LET'S DANCE magazine, a cogent article entitled "On Institutes" by Dean Linscott, a man known for his contributions over the years as an extraordinary teacher and organizer, director and coordinator of various folk dance activities. The concluding paragraph spoke of a Teacher's Institute, an idea which I personally endorsed but thought would never come to fruition....but even as the article appeared in print, plans were shaping up for just such a weekend on October 20-21, and it was Dean and Nancy Linscott who "brought it off" with great success.

The location was the Hidden Valley Music Seminars at Carmel Valley, a charming, comfortable and intimate facility in a sylvan setting, and a large hall with wooden floor easily accommodating the 58 dancers in attendance, was the dream of every institute committee. One entire end of the main hall could be opened to the scenery and breezes.

Any institute, of course is only as good as the master teacher or teachers involved and this first institute was notable for the presence of Andor Czompo and Barry Glass. Andor, intrigued by the concept, flew out from New York just for the weekend, a considerable tribute to the Linscotts. His pre-eminence in the field of Hungarian dance was a great attraction, and we were very pleased to see Barry, the well known folklorist and teacher of Balkan dance from Los Angeles, completing the bill. Both Andor and Barry reviewed dances which they had previously taught through the years, with attention to styling being the dominant consideration. Indeed, we all need the "rescue" work....nothing like seeing the original again, plus several new dances.

Attendance at the institute was limited to allow for closer contact with the master teachers and each other. A list of teachers at all levels of age, experience and competency had been compiled, and that list was narrowed to the necessary 60 or less.

DEADLINE for JANUARY ISSUE is DECEMBER 5, 1973
JACK McKay, Director of Folk Dance Camp, has just announced the names of those teachers from whom he has commitments for 1974.

Two of the teachers for next summer will be completely new to Stockton. They are ADA DZIEWANOWSKI (jeh-vah-NOH-skee), who will teach Polish dance, and NELDA DRURY, who will teach Mexican dance.

Ada Dziewanowski is well-known on the East Coast, where she has an ethnic Polish dance group. Ada was teaching, touring, and visiting friends in Europe this past year. One of her teaching invitations came from Carmen Irminger in Switzerland.

Nelda Drury teaches dance at San Antonio College in San Antonio, Texas. With Ralph Page, Mary Ann and Michael Herman, and others, she was one of the first teachers to introduce International Folk Dancing to Japan.

Returning to FDC after an absence of several years, will be ANDOR CZOMPO, a well-known and highly popular teacher of Hungarian dance. ANATOL JOUKOWSKY, an ever-popular Camp regular who missed last year, will also be with us again.

Teachers returning from last year include SHLOMO BACHAR, MIHAI DAVID, and tentatively, TOM BOZIGIAN, all of whom were enthusiastically received last summer.

Finally, the one and only JERRY HELT will again be calling Squares in '74.

Jack will announce the remaining members of the faculty at a later date. For reservations, contact Jack McKay, Director, Folk Dance Camp, University of the Pacific, Stockton, CA 95204.
The intensive scheduling alternated teaching sessions with folklore sessions and group discussions. There were slides and films, & we were able to talk with Andor and Barry, both of whom were receptive and articulate. Saturday night's festival gave us an opportunity to display costumes for some townspeople who attended, and we danced current favorites from an edited request list. And then on to the afterparties..."Hungarians" in the dining hall until 2:30 AM! Sunday was more of the same satisfying fare, until departure time at 5 PM.

Of the 41 teachers who responded to an evaluation sheet, 100% praised the weekend, 95% thought it worth their while, and 95% would like to do it again. In retrospect, I find my enthusiasm still running high. The exchange among teachers was unique, valuable, and among the best experiences of my 16 years of dancing & teaching. My thanks to Dean and Nancy, Andor and Barry, and the director of the seminar, Peter Machel, and his wife, who created the perfect setting for a memorable "FIRST".

ATTENTION Folkdancers!

Please send us the names and schools of any People you know Who Teach Folk Dancing to School Children (thru college) so that we can Invite Them to a Special Training Course designed to acquaint them with some Really Exciting and Fun Dances for their Students!

Contact: DEAN & NANCY LINSCLOTT
40 Glen Drive, Mill Valley, CA 94941

Thanks
A Salute to Dorothy & George Tamburini

Dorothy and George Tamburini danced all their married lives. But they seriously began folk dancing in 1941 when George, returning from the city by train, noticed an announcement of a folk dance class at the Church of the Good Shepherd in Belmont. George said, "Why don't we go dancing?" Dorothy and George had danced old-fashioned dance and ballroom dance for many years, but had not seriously thought about trying this thing called 'folk dance'. They decided to go, and upon entering the hall they noticed that the next dance on the program was one they knew. However, when they began to dance, they found that the dance the group was doing was not the same as the one they knew. Another couple, George and Migon Ybarreta, noticed their bewilderment and came to their rescue, suggesting that they change partners and help show the steps that were being used. This solved their problem and also began a long and lasting friendship of thirty-two years.

About a week or so later, the Ybarretas asked the Tamburinis if they would like to join a folk dance group that was being formed. Their teacher was to be Jean Taylor, who also taught the church group. While sitting on the floor they named the group "The San Carlos Peasants". From the twelve that started, a large group grew & developed and was very active until a few years ago. They often invited guest teachers, one of which was Mildred Buehler, an experienced teacher and square dance caller on the Peninsula. Mildred invited the Tamburinis to join the Docey Doe Club. George & Dorothy danced with the Docey Doe group, participating in many
folk and square dance exhibitions, particularly enjoying the opportunity to dance at Woodminster, Marine Memorial Auditorium, at festivals in Sacramento, San Jose, Fresno and Marin. In 1952 Mildred Buehler, with husband, Jake, left for England, and at the end of the year George & Dorothy discontinued their dancing with the Docey Does.

About this time, Roy Zellick took over the Palomanians and invited Dorothy and George to join them. They continued to dance with the Palomanians, & Dorothy taught many dances to this group. After Janie & Roy Zellick were forced to retire because of Janie's poor health, the group gradually dispensed to be reformed three or four years later with Ruth Ruling as their teacher. Dorothy & George again joined the group and continued to dance until George was taken ill.

Dorothy and George were consistent "died in the wool" dancers, dancing at least twice a week—with a club during the week and at a club party on Saturday nights. They participated regularly in festivals, as well as driving to Marin for many of the "Hardly Able" Saturday night parties.

Dorothy has been chairman of the Research Committee of the Folk Dance Federation of California since 1953. She has whenever possible attended council meetings, Teacher Institute meetings, & Publication meetings. Until this summer she had faithfully attended the Folk Dance Camp of the University of the Pacific. George always brought her to camp and came to take her home. If you were up early enough on the Monday morning of the first session, you could have had a cup of coffee with George & Dorothy. He enjoyed working with and helping Dorothy, and we will miss seeing him at Saturday night parties and at folk dance camp.

In memory of George, and for the hours of tireless and persistent work that Dorothy has done for folk dance, you may wish to join us of the Research Committee in contributing to a scholarship fund.

Miriam B. Lidster
Party Places

Please check your listing and report any changes before the 5th of each month.

NORTH

ALAMO - 4th SAT, 8:30 PM, Alamo Women's Club, WALNUT WHIRLERS.
BERKELEY - 3rd FRI, 8 PM, John Hinkle Park, BERKELEY FOLK DANCERS.
FRESNO - 1st SAT, 8 PM, Danish Brhd Hall, SQUARE-ROUNDE RSD.
   Last MON, 8 PM, Einstein Playground, MONDAY-NITERS.
LODI - Last FRI, 8 PM, LeRoy Nichols Sch, KALICO KUTTERS.
MENLO PARK - Alt 1st SAT, 8 PM, Menlo Park Rec Ctr, PALOMANIAN S.
   4th SAT, 8 PM, Menlo Park Rec Ctr, MENLO PARK FD.
MILL VALLEY - 3rd SAT, 8:30 PM, Almonte Hall, HARDLY ABLES FDC.
   - 4th SAT, 8:30 PM, Almonte Hall, STEP-TOGETHERS.
MTN VIEW - 1st SAT, 8:30 PM, Powell School, BARRONADERS.
OAKLAND - 4th WED, 8 PM, John Sweet Sch, SWING N' CIRCLE FD (Cpls).
   4th FRI, 8 PM, Webster School, SEMINARY SWINGER S.
   5th THUR, 8 PM, 1700 28th Avenue, OAKLAND FOLK DANCERS.
   5th SAT, 8 PM, Frick Jr HS, GEBFD COUNCIL.
PALO ALTO - 3rd SAT, 8:30 PM, Lucie Stern Comm Ctr, PALO ALTO FD.
PENINSULA FD COUNCIL - 5th SAT, Various locations announced.
PENNGROVE - 2nd SAT, 8 PM, Penngrove Clubhouse, PETALUMA INTL FD.
REDWOOD CITY - 2nd FRI, 8:30 PM, 1455 Madison Ave, REDWOOD CITY FD.
   - 4th SAT, 8:30 PM, Hoover Sch, RC DOCEY-DOE CLUB.
RICHMOND - 1st SAT, 8 PM, Downer Jr Hi, RICHMOND-SAN PABLO FD.
SACRAMENTO - 1st SAT, 8 PM, Theodore Judah Sch, CIRCLE SQUARE.
   Alt 1st SAT, 8 PM, 39th & McKinley, LEFT FOOTERS.
   2nd SAT, 8 PM, Coloma Elem Sch, KALEIDOSCOPES FDC
   alternate with WHIRL-A-JIGS.
   3rd SAT, 8 PM, Sierra Sch, PAIRS & SPARES.
   4th FRI, 2912 Swift Way, FAMILY CIRCLE.
   4th SAT, 8 PM, Theodore Judah Sch, TRIPLE S.
SALINAS - 5th TUES, 8 PM, Salinas HS, SALINAS SPINDRIFTERS.
SAN FRANCISCO - 1st SAT, 7:30 PM, Commodore Sloat Sch, ROYAL SCOT. CDS.
   2nd SAT, 8:30 PM, Genova Hall, CAYUGA TWIRLERS.
   3rd FRI, 8:30 PM, Commodore Sloat Sch, CHANGS.
   3rd SAT, 9 PM, 603 Taraval, KOLO OF SAN FRANCISCO.
   1st SAT, 8:30 PM, 321 Taraval, FUN CLUB.
   Last TUES, 8 PM, Chenery & Elk Sts, GLEN PARK FD.
   Last THUR, 333 Eucalyptus, YMCA, GATESWINGERS.
   5th WED, 8 PM, 50 Scott St, SF MERRY MIXERS.
SAN JOSE - 2nd SAT, 8 PM, Hoover Jr Hi, GAY NIGHTERS OF SAN JOSE.
SAN LEANDRO - 3rd SAT, 8 PM, Bancroft Jr Hi, CIRCLE UP CLUB.
SAN RAFAEL - 4th FRI, 8 PM, Carpenter's Hall, WHIRL-A-WAY S.
VALLEJO - 4th FRI, 8 PM, Vallejo Comm Ctr, SUNNYSIDE FOLK DANCERS.
VINEBURG - 1st SAT, 8 PM, Schaal Hall, VALLEY OF THE MOON FD.
   3rd SAT, 8 PM, Schaal Hall, SANTA ROSA FOLK DANCERS.
   4th SAT, 8 PM, Schaal Hall, REDWOOD FOLK DANCERS.
SOUTH
INGLEWOOD - 3rd SAT, 8 PM, Rogers Park Rec Ctr, MORE THE MERRIER.
LONG BEACH - Last TUES, 8 PM, Silverado Rec Park, SILVERADO FD.
    Last THUR, 8 PM, Millikan Hi Girls' Gym, LB CO-OP.
LOS ANGELES - 5th THUR, 8 PM, Emerson Jr Hi Gym, WESTWOOD CO-OP.
    OJAI - 1st SAT, 8 PM, Ojai Community Art Center.
SAN FERNANDO VALLEY - Last FRI, 8 PM, Canoga Park Elem Sch,
    WEST VALLEY DANCERS.
SANTA BARBARA - Last SAT, Garfield School, SANTA BARBARA FDC.
WHITTIER - 5th SAT, 8 PM, W. Whittier Sch, WHITTIER CO-OP FD.

Book Review

"Folk Dance Fun for Little Ones"
by Frank W. Konopasek

Frank Konopasek, a folk dance leader & square dance caller on Long Island, New York, for more than 10 years, has a booklet out entitled "Folk Dance Fun for Little Ones" which contains 75 modified folk dances for children 5-12 years. The booklet includes some good teaching tips, an index of dances by formation (circle, no partners, single circle of partners, line of three, etc.), an index of music by countries, and record numbers for everything. Dances vary in nationality from England, to Mexico, to Scandinavia, to Russia, to Czechoslovakia, to USA, and many more. The Dance Instructions are clear, and the dances appear to be good ones for children and/or One Night Stands parties or family-style dancing. The booklet is available for $1.50 from:

Frank W. Konopasek
117 S. Cypress Lane
Westbury, New York 11590.

Frank is currently teaching "Methods of Teaching Square and Folk Dancing, Grades 1-12" at Adelphi University and is in the process of compiling material for a book on the subject. For the past several summers, he has conducted family and children's dances, twice weekly, at one of New York's State Parks. In addition, the year round, he has led many local children's groups in square and folk dancing.

Carrie Rocke

(Reprinted with permission from "Ed Stern's Folk Dance Newsletter").
The Federation South's newest club hosted their first Federation Festival on October 7th. Two other firsts were notable that day: HANS ZANDERS' Edelweiss Group presented for the first time at any Festival, two German dances--Praxplattler and Treffnertanz. The other first was the exciting appearance of the Opa Dancers from Ventura, in a medley of Croatian dances. Each group added so much to the Festival spirit!

The Starr King Folk Dancers, under the direction of RALPH and ELSA MILLER, meet every Friday evening at the Thomas Starr King Jr Hi Boys Gym, 4201 Fountain Ave, LA; entrance is on Sunset Dr. Everyone is welcome!

The enthusiastic members are eagerly planning their Christmas party, to be held December 14th, and invite all to join them. Ralph and Elsa Miller attended the Fresno Reunion; Ralph is already teaching dances from that Institute.

THE VIRGILEERS

The Virgileers went Polynesian for their 13th Anniversary Party on September 18th, highlighted with an exhibition of Hawaiian dances by VIRGINIA SAAR and FRANCES CRUM. A delightful evening!

Virginia and Frances have presented their Polynesian dances at many parties for other clubs as well; The Hollywood Peasants, Lafayette Park Senior Citizens, and the American National Red Cross picnic.

WESTWOOD CO-OPERATIVE FOLK DANCERS

Reason and progress almost always prevail at our monthly Council meetings. All members are urged to come and give voice to their opinions; we listen! Your idea may be just the one that we need for more progress. When you attend your third consecutive meeting, you can vote on all matters. Please do attend our Council Meetings.

Westwood beginners' class meets every Monday evening at Stoner Ave. Playground. DAVE SLATER is our instructor. All beginners are invited to attend on Thursday evenings as well, at Emerson Jr HS, 1650 Selby Ave, WLA. We always have some of the dances Dave teaches in the beginners' class on the regular dance program.

EUNICE UDELF, our Recording Secretary has returned from her travels and has already re-assumed her position as scrivener to the Council. MARGERY NICOLSON kept the copy book heated up during the absence of Eunice. Admirable teamwork!

David Cohen
WHAT'S DOING AT SILVERADO

The Silverado Exhibition Group performed at Domingues Hills State College as part of the UN Day celebration in October. They also did a series of dances at the Elks Club, San Pedro, at their beautiful new clubhouse overlooking the harbor area. Dancers were RALPH & SYLVIA SURLAGE, MARIE STEINER, DON KNIGHT, JOE & MARY AVERY, OLLIE SEELEY, POLLY EDMONDS and MART & RUTH GRAEBER.

Silverado President, TOM DAW, enjoyed a short vacation with his wife, DOROTHY, camping and visiting VYTS BELIAJUS, the Lighted Lantern, & DICK OAKES' groups---where they met a number of former West Coast dancers.

Mart Graeber

TIDBITS FROM THE TROIKA TRIBUNE - SAN DIEGO

IRENE BYERS announces that a folkdance group is starting Wednesday nights at the Central School, Broadway & 4th, Escondido, 7:45 PM. Registration, starting now, is payable in advance, so be sure to sign up if you live in that area.

LILLIAN FEINGOLD just returned from the Scandinavian countries, and she proudly announces she won a pin for dancing the Rambo, in Stockholm, Sweden, no less!!! Congratulations, Lillian!

Help! JOYCE RODGERS would like information about folkdancing near Fallbrook, CA, on Fridays, Saturdays or Sundays. Also, maybe you know who might start a group there. Her address is: 1008 S. Live Oak Park Road, Fallbrook, CA 92028.

The "Troika Tribune", a San Diego area newsletter, is edited by RONNI SANTALO, with YETTA EDELSTEIN doing the printing. Any 'co-editors' listed are the monthly contributors.

The San Diego Folk Dance Club also had a salute to the Folk-lærers, ELIZABETH ULLRICH's group. This information should be added to the October 'Echoes from the Southland'.

The San Diego Folk Dance Club dances each Sunday at 2 PM in Balboa Park Club. They invite all dancers, North and South, to join them whenever in the area.

Ronni Santalo

BAKERSFIELD NEWS

Classes are in full swing again this Fall in Bakersfield. The Kern Kolo Dancers meet Tuesdays at Franklin School with DEL MANSFIELD teaching. Thursday mornings at Community House LORA ANDERSON teaches. MARGARET WALL is instructing the class at the Junior College Thursday evenings. Margaret comes to us from Cal Poly at San Luis Obispo.

Plans have been made for our Annual Children's Festival in April, with HELEN HICKS as chairman. This year the workshops for children and teachers will travel around the county to various schools, instead of busing the children to a central location. KITTY CONNALLY and PAT WILSON will be teaching these workshops.

I spent a delightful six weeks in Europe this past summer. Saw no dancing, but did see lots of folk costumes, beautifully displayed in museums. The research I did I am sharing with the Federation Costume Committee. This school year I am on sabbatical leave and very happily enrolled at UCLA--in the Dance Department, where else?

Barbara Lynch
FRESNO FOLK DANCE COUNCIL

VERA JONES is having the busiest, best year ever. She conducted 37 classes one week with a total October attendance of 10,061. More schools than ever are talking Spring Folk Dance Festival, & one school has a chorus & orchestra whose leaders are willing to work on folk music, so at least part of the dances can be done to live music. At a new school, where they've only had two lessons in folk dance, she scheduled a noon-time dance, & a hundred kids showed up. Another school asked for more classes, just had their first performance, and now plan on visiting other schools with their dances. And so it goes---stronger interest than has been shown in several years!

The biggest news in Fresno is a new Scottish Country Dance Class, organized and taught by TOM SLAYDON. The group meets in temporary quarters in a church hall at 111 Birch Street, in Pine- dale, Friday evenings, 8-10 PM. Most of them wear kilts, and although they have been meeting only a few weeks, their footwork already shows the marks of good teaching.

MELVIN BARNARD, of Portland, Oregon, was a recent visitor--to a different class every night. His enthusiasm was so infectious that the Kolo class found itself doing such dances as the Hambo and Zillertaler!

BUZZ GLASS and FRANCES were in Fresno, too when Buzz conducted a well-attended Workshop at Fresno Univ, arranged by LOLA OWENSBY. Federation President, DOLLY BARNES, was a guest at our post-Festival Council meeting and gave us several suggestions for making our '74 Festival bigger and better than ever!

There is folk dancing every night in Fresno. Drop us a card for our schedule if you're planning a visit down this way.

Vera Jones

PENINSULA FOLK DANCE COUNCIL

The DOCEY DOE CLUB of Redwood City has new officers: President is ROBERT EDWARDS; Vice President, SY GOLDBERG; Secretary, CAROL WONG; Treasurer, ORA LA FONTAINE; Board Members, THETA MARY ARMEN- TROUT, DICK NEWBERGER, RAY ALLEN, & MAY BARICH; Hostess, EDNA VIN- DAL. ZORA MAE & ROY TORBURN teach the Beginners Class, and MARY & BRUCE WYCKOFF teach the Intermediates.

The Docey Doe 4th Saturday Party on January 26, 1974, has been canceled in favor of the January Folkdance Festival in San Jose.

Carol Wong
SACRAMENTO COUNCIL OF FOLK DANCE CLUBS

To bring our folk dance friends up to date on the Sacramento Council's activities since our last report: July 21st brought us the Appalachian Clog Party under the sponsorship of the CAMTIA DANCE ENSEMBLE. This was an unusual and enjoyable experience.

September 9th took the dancers to Cal-Expo during the State Fair for more dancing, another annual function.

The hardier dancers withstood the heat to square dance on the K Street Mall on September 15th--that was a hot one! How's that for the love of dancing?

September 29 brought us to the Associate Membership Ball under the general direction of our Director of Extension, GREG MITCHELL, and hosted by the Council officers. The dance was a very good one with a large turn-out.

On October 19th & 20th, the Crossroads Shopping Center (southern Sacramento) was the scene of more folk dancing!

Well, as you can see, Sacramento has been busy and will continue to be even more so as Fall and Winter activities are being scheduled. More next time!

Nadine Mitchell
1941 Danvers Way
Sacramento 95832

GREATER EAST BAY FOLK DANCE COUNCIL

A fabulous New Year's Party, sponsored by the GEBFDC, will be held on Monday, December 31st, at Frick Jr HS, with a Midnight Buffet, lots of folk dancing, and all sorts of Party Favors! See page 14 for all the details!

Mrs Eugene Rotko will be chairman for the December 13th party planned by the EAST BAY WOMEN'S DANCE CIRCLE. They will have a Buffet Luncheon, plus gift exchange, coupled with folk and round dancing. This group will adjourn their regular Thursday morning class until January 3, 1974.

Friday, December 21st, the SEMINARY SWINGERS will have their annual Christmas Party. You can always plan on a good time at their parties!

Saturday, December 22nd, the PANTALOONERS will have a Dinner Party at the Driftwood in Alameda. Reservations will be necessary, so if you want to attend this gala annual Christmas party, call ALLENE at 530-0810.

BERKELEY FOLK DANCERS, one of our oldest clubs, keeps photo albums to preserve the history of events as the year goes by. It is a lot of work, but well worth-while. The GEBFDC Historian also has a wonderful collection of Council activities. These books are on exhibit at the February "Festival of the Oaks"; be sure to see them then!

The Advanced Intermediate Class being taught by PAT and HUGO PRESSNALL is oversubscribed; the BFDs are considering adding another night.
Last call for recipes! If you have a good ethnic one, please send it to PHYLLIS OLSON, 17131 Via Pasatiempo, San Lorenzo 94580.

Last but not least; Don't forget our Fifth Saturday Party on December 29th, Frick Jr HS, Oakland.

Genevieve Pereira

SAN FRANCISCO COUNCIL OF FOLK DANCE GROUPS

FUN CLUB's next party, Scandinavian Holiday, will be Saturday, December 1st, 8:15 PM, at 321 Taraval Street. So don your Scandinavian costume, or something. There will be square dancing too!

CAYUGA TWIRLERS' next party will be held at Genova Hall, 1074 Valencia St, on Saturday, December 8, at 8:30 PM. RAY OLSON, from San Lorenzo, will be the guest caller.

CHANGS INTERNATIONAL FOLK DANCERS' Christmas Party will be on Friday, December 21st, 8:30 PM, Commodore Sloat School, Ocean Ave & Junipero Serra. Each doll is asked to bring a gift ($1 or less) for another doll, and each guy, a gift for another guy. Santa Claus will be aboard!

GATE SWINGERS will host their annual gala New Year's Eve Party on December 31st (of course), 9 PM, at the YMCA, 333 Eucalyptus Drive. This is the Gate Swingers' feature event of the year, and all folk dancers are welcome to join the celebration! Everybody is requested to bring a dish of goodies, if possible. The traditional pot-luck will be held shortly after midnight, following the dancing. Noisemakers furnished! For additional info, call (415) 775-3434, daytimes.

GOLDEN GAITERS' annual Festival, which took place on Oct.14th, was held at the Recreational Arts Center, 50 Scott St, this year instead of the usual Sigmund Stern Grove location. The Festival was very well planned by LLOYD FEDERLEIN and IRENE WEED and drew a huge crowd!

ED KREMERS, President of the SF FOLK DANCE COUNCIL, cordially invites one and all to attend the Council Meetings, held once every two months at the Main Public Library, Assembly Room, on Larkin and McAllister Streets. The next meeting will be in January, 1974, on a Saturday morning at 9:30 AM, exact date to be announced.

Cathy Jair

TO COMPLETE YOUR REFERENCE LIBRARY

WORLD BOOK
ENCyclopedia PROGRAM
For Children or Adults

Millie von Konsky
11468 Dillon Way
Dublin, California 94566

Phone: (415) 828-5976

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How to Achieve a Dancer's Body through Dance Exercise

Sit with legs as far apart as you can stretch them with knees absolutely straight, arch back strongly, like a cat, then throw chest out, pull shoulders back. Keep knees straight, pull toes up. Repeat 8 times.

By Olga Ley, for Capezio. Reprinted with permission.
Editor:

Am sending a picture of the Omega Dancers, from the University of Hawaii Folk Dancers. Hope you can find space in the magazine for it. On October 24th through 27th, we did two performances a night for the Ala Moana Hotel's Octoberfest. We learned 17 Austrian, Bavarian and German dances for this, working long and hard, & from all reports, it was a great success. Sorry you don't hear much from us, just so busy. Promise I'll try to do better. Have many interesting things I could write about.

Warmest Aloha,
Omega (Andreola)
Honolulu, Hawaii

Editor:

Recently I got a note from someone who had attended the Workshop that Grace Nichols and I did in Oakland a few months ago. The card said, "We tried your method of teaching Ladies Chain in our two new beginners' classes, and it's a miracle!" Perhaps it might be of interest to others, via LET'S DANCE. If so, here it is.

In teaching a Ladies Chain, I teach it backwards, i.e., I teach the Courtesy Turn first, and then add the Ladies' crossing over bit. With two couples facing each other, I ask the man to take the woman's left hand in his left, place his right hand around her waist, and turn her once around counter-clockwise. I have them do this turn several times, explaining that this movement is called a 'Courtesy Turn'. Again, I have them practice this movement several times, now calling it by its proper name, 'Courtesy Turn Your Partner'. When they can execute the move easily and promptly, I ask the girls to move forward, touching right hands as they pass right shoulders, and before they have the opportunity to turn around, or to move into a wrong position, I quickly command the boys to 'Courtesy Turn Your Partner', and they do it with no hesitation.

Vera Jones
Fresno, California
Editor's Viewpoint

Thanks to the recent contributions of Bill Sorrenson and Larry Getchel, we now have a complete set of LET'S DANCE magazine! Thanks are also due to the many individuals who have contributed to LET'S DANCE this year in the form of articles, reports, and announcements; there is so much to write on, report on, and announce about! We welcome Nadine Mitchell, from Sacramento, to our Council Clips Department & invite all potential contributors to come forth!

Please send advance information of newly scheduled events to the Calendar of Events Chairmen: GAIL CLUNE in the North, 85 Oakvue Road, Pleasant Hill, CA 94523, and SHEILA RUBY in the South, 5667 Spreading Oak Drive, Hollywood, CA 90068. This applies to all councils, clubs, and individuals who would like a listing in the Calendar of Events department of this magazine.

Likewise for information from southern California: send your news to PERLE BLEADON, 8720 W. Olympic Blvd, LA 90035. And remember, each of these people must meet the 5th of the month deadline, so get your material to them EARLY!

1974 Costume Calendar is now on sale (only $1.25!). Don't forget to get yours; follow along with the costume articles in LET'S DANCE. Find lots of space to note all the fabulous folk dance activities to be scheduled later in 1974! And try some of the delicious ethnic recipes also included!

Volume D-1 (Line Dances), of the FOLK DANCES FROM NEAR AND FAR series, has recently been reprinted. Order your copy from the Federation Office, 1095 Market St, Rm 213, San Francisco 94103.

Also available from this address is the new Volume C-2:

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<td>Vira Do Sitio</td>
<td>Portugal</td>
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DEC 1, Sat, PARTY-TUTE, Alondra Park, Activity Bldg, 3850 West Manhattan Beach Blvd, Lawndale. Host: Idyllwild Camp Comm.

DEC 9, Sun, FESTIVAL, Eagle Rock Rec Ctr, 1100 Eagle Vista Drive, Los Angeles. 1:30 PM. Host: Santa Monica Folk Dancers and LA Dept of Rec & Parks.

JAN 20, Sun, FESTIVAL, hosted by Pasadena Co-op. Glendale Civic Auditorium. 1:30 PM.

JAN 26-27, Sat-Sun, AMAN INSTITUTE weekend.

FEB 9, Sat, INSTITUTE & ELIZABETH SANDERS SCHOLARSHIP PARTY, Laguna HS, Laguna Beach.

FEB 10, Sun, FESTIVAL, hosted by the Laguna Folk Dancers. Laguna High School, Laguna Beach.

MAR 8-10, Fri-Sun, WESTWOOD at CAMP HESS KRAMER.

MAR 23, Sat, IRWIN PARNES' 27th INTL FOLK DANCE CONCERT, Dorothy Chandler Pavillion, Music Center, Los Angeles.

MAR 31, Sun, FESTIVAL, hosted by Westwood Co-op. Culver City Veterans Memorial Aud. 1:30 PM.

APR 20-21, Sat-Sun, ROYAL SCOTTISH COUNTRY DANCE SOCIETY's "Spring Fling". LA Branch.

APR 27-28, Sat-Sun, SANTA MARIA FESTIVAL weekend.

MAY 19, Sun, 2nd Annual "SPRINGTIME IN THE MEADOW" Federation Festival, co-hosted with Dept of Rec & Parks, City of LA. Griffith Park.

MAY 11, Sat, BACCHANAL, hosted by the Edyllwild Camp Comm. 7:30 PM. Alondra Park, Activity Bldg, 3850 W. Manhattan Beach Blvd, Lawndale.

JUN 21-23, Fri-Sun, IDYLLWILD FOLK DANCE CAMP weekend, at Isomata, Idyllwild.

JUN 23-28, Sun-Fri, IDYLLWILD FOLK DANCE CAMP workshop, at Isomata, Idyllwild.

For further information regarding folk dance activities in Southern California, call the Folk Dance Federation of California, South, at 1-(213)-398-9398.
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<td>GOURMET FAIRE &amp; FESTIVAL OF WINE, Civic Aud, in San Francisco</td>
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<td>DEC 31</td>
<td>NEW YEAR'S EVE PARTY, Frick Jr HS; 9 PM - 1 AM</td>
<td>Oakland</td>
<td>9 PM - 1 AM</td>
<td>Contact Phyllis Olson, 1713 Via Pasatiempo, San Lorenzo</td>
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<td>DEC 31</td>
<td>KARLSTAD BALL, hosted by Marin Dance Council</td>
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<td>FEB 9</td>
<td>VALENTINE BALL, His Lordship's, Berkeley Marina</td>
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<td>FEB 10</td>
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<td>MAY 24-26</td>
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<td>Join the &quot;Dancers Carrousel!&quot;</td>
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**HOLIDAYS!**

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BAY AREA

PANTALOONERS have class at Laurel School, 3820 Kansas St, Oakland. Wednesdays at 7:45 PM. Charles Emerson and June Schaal instruct.

SEMINARY SWINGERS' class meets at Webster School in Oakland; 81st & Birch Streets. Fridays at 8 PM. Party every 4th Fri. Charles Emerson & June Schaal instruct.

OAKLAND RECREATION CLASSES
Beg. 7:30 PM, Int-Adv. 8:30 PM
Fridays, Frick Jr High School, 64th Ave & Foothill, Oakland
Instructor - Millie von Konsky
Fridays, Dimond Recreation Ctr, 3860 Hanly Road, Oakland
Instructor - Dolly Barnes

WALNUT WHIRLERS invite all dancers to their monthly parties, 4th Saturdays, 8:00 PM, Alamo Women's Club, Alamo. For information, phone (415) 283-2692 in Lafayette.

DIABLO FOLK DANCERS of WALNUT CREEK will meet at Tice Valley Sch, every Wednesday except last Wednesdays, when they will meet at Los Lomas Hi Sch. Still 8 PM, with PAT & HUGO PRESSNALL!

JOSETTA TWIRLERS meet at Josetta Dance Studio, 3280 El Camino, Santa Clara. Folkdancing, Wed, 7:30 PM; Latin-Ballroom, Mon & Fri, 7:30 PM; STUDIO PARTY, Tues, 8:30 PM. Jo Buttetta, Inst.

IRENE WEED SMITH - Ballroom Specialist, Choreographer
Tap, Ballet, Modern Jazz, Hawaiian, Discotheque.
Children & Adults, 5316 Fulton St, San Francisco. 751-5468

LOS ANGELES

WESTWOOD CO-OP FOLK DANCERS meet Thursday nights at 8 PM, Emerson Jr High School, Selby, near Santa Monica Blvd., West Los Angeles.

WESTWOOD'S BEGINNERS CLASS - International Folk Dancing
Mondays, 8 to 10:30 PM, Stoner Avenue Playground, Dave Slater, Instructor.

SEASON'S GREETINGS
MEILLEURS VOEUX
FELICES FIESTAS
С НОВЫМ ГОДОМ
JERUSALEM. Woodcut from the Nuremberg Chronicle published by Anton Koberger, 1493.

Folk Dance Record Shops

SAN FRANCISCO
FESTIVAL RECORDS
(Ed Kremers & John Fileich) 161 Turk Street San Francisco, CA 94102 Phone: 775-3434

THE MANDALA FOLK DANCE CENTER
(Jon Bogg & Neal Sandler) 603 Taraval Street San Francisco, CA 94116 Phone: 731-9829

LOS ANGELES
CHILDREN'S MUSIC CENTER, INC.
DANCER'S SHOP 5373 W. Pico Blvd. Los Angeles, CA 90019 Phone: 937-1825

FESTIVAL RECORDS
(John Fileich) 2769 West Pico (Near Normandie) Los Angeles, CA 90006 Phone: 737-3500

OAKLAND
PHIL MARON'S FOLK SHOP
(Phil Maron) 1531 Clay Street Oakland, CA 94612 Phone: 893-7541